

## Nursing Problem Worksheet

Name: \_\_\_\_\_

<b>Anticipated Patient Problem and Goals</b>	<b>Relevant Assessments</b>  (Prework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prework) What will you do if your assessment is abnormal?
<p>Problem: Impaired physical mobility</p> <p>Reasoning: Pain in L leg, weakness, malaise</p> <p>Goal: Will have a pain score of &lt; 4 with mobility in the L leg during my time of care</p> <p>Goal: Will safely ambulate with assistance and fall precautions in place during my time of care like use of walker, non skid socks.</p>	Gait and balance Q2	Apply safety precautions like non skid socks, gait belt when walking, assistive devices Q2
	Use of ROM exercises Q2	Teach ROM exercises, and have teach back Q2
	Vital signs before and after activity PRN	Encourage activity with rest periods PRN
	Pain score (0-10) Q3	Administer PRN pain medications to promote mobility
	Skin integrity L leg, compare bilaterally and on heels/sacrum Q4	Turn and reposition Q2 hours
	Measure sensation and feeling in lower extremities Q3	Educate on importance of checking feet/legs daily, proper skin and foot care Q3

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<p>Problem: Risk for infection</p> <p>Reasoning: Type 2 (hyperglycemia) poorly controlled , immunocompromised, LLE pain</p> <p>Goal: Will not show any signs/symptoms of signs of infection like fever, swelling, redness, during my time of care</p>	Blood glucose monitoring before meals and bedtime	Administer Insulin PRN
	Temperature and LOC Q4	Elevate HOB, provide blankets and comfort, notify nurse/instructor PRN
	LLE characteristics (pain, redness, edema?) Q3	Elevate extremity notify nurse/instructor
	WBC count Q4	Administer Vancomycin PRN
	Peripheral vascular assessment like sensation,	Protect extremity from extreme temperatures,

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Goal: Will have a blood glucose less than 180 during my time of care	pulses, cap refill Q4	position for circulation, Q2 turns for extremity
	Pain assessment (1-10) Q4	Encourage relaxation with distraction techniques, and administer PRN pain medications