

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired cardiac output</p> <p>Reasoning: ADHF Cap refill >3 seconds, HR 116</p> <p>Goal: By the end of my time of care, client will demonstrate improved cardiac output, AEB systolic BP between 100-120 and HR between 60-100 bpm</p> <p>Goal: During my time of care, client will maintain at least 30ml of urine output per hour.</p>	Monitor heart rate and rhythm continuously on telemetry	Administer prescribed Metoprolol 50mg PO as ordered
	Monitor VS (BP, HR, O2, RR) q2h/PRN	Administer or maintain oxygen therapy NC 2L for SpO2 <92 PRN
	Monitor I & O q2h PRN	Administer and maintain continuous fluids of sodium chloride 0/9% 500mL (5mL/hour) as ordered
	Assess peripheral pulses, cap refill, and skin temperature for decreased perfusion	Administer prescribed Heparin 5000 units/1ml as ordered
	Auscultate heart sounds (S1, S2) for any irregularities q4h/PRN	Administer Digoxin 0.25 mg as ordered
	Assess for signs of fatigue and dyspnea during activity or while at rest	Encourage rest and limit strenuous activities. Assist with ADLs as needed

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Excess fluid volume</p> <p>Reasoning: Crackles on posterior BL lower lobes, diminished breath sounds, dyspnea on exertion</p>	Auscultate lung sounds q2h for crackles or wheezing	Maintain HOB elevated to high fowlers to maximize lung expansion, administer oxygen therapy NC 2L PRN
	Monitor daily weight	Maintain fluid restriction of 2g/day and low sodium cardiac diet as ordered
	Assess for edema in legs, feet, and ankles q2h/PRN	Elevate lower extremities with pillows to decrease swelling

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<p>Goal: By the end of my time of care, client maintain an SpO₂ at ≥ 92% on appropriate oxygen therapy</p> <p>Goal: By the end of my time of care, client will demonstrate reduced fluid overload, as evidenced by decreased peripheral edema.</p>	Assess for JVD when sitting at a 45 degree angle q4h/PRN	Administer prescribed diuretic Furosemide 40 mg as ordered
	Monitor electrolyte levels daily	Administer potassium supplements as ordered (potassium chloride)
	Assess level of consciousness and mental status q2h/PRN	Notify the provider for any change in mental status, provide a calm, quiet, relaxing environment PRN