

Nursing Problem Worksheet

Name: Riley Taylor

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired Cardiac Output Reasoning: HF dx, decreased cardiac output Goal: Client will have a urinary output of at least 30ml/hr Goal: Client will have no pitting edema during my care	Monitor weight daily in AM	Administer any ordered diuretics
	Assess edema in lower extremities q shift	Ensure EPCs are on and intact continuously while client is in bed
	Assess lung sounds for signs of fluid overload (crackles or wheezing) q shift	Keep head of bed elevated 30-45 degrees at all times
	Assess strict Is & Os q 8 hrs	Restrict fluid intake to prevent fluid overload during my shift (less than 2000ml)
	Assess O2 sat q shift or PRN shortness of breath and work of breathing	Apply supplemental O2 if needed according to protocol
	Assess level of consciousness q shift	Educate importance of adhering to a low sodium diet q shift

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for Activity Tolerance Reasoning: HF dx, decrease in cardiac muscle contractibility and an oxygen imbalance Goal: Client will demonstrate use of assistive devices when getting out of bed with assist if needed Goal: Client will be able to perform activities of daily living with O2 sats staying at or above 92% during my	Assess vital signs per routine protocol	Cluster care to avoid multiple events of activity intolerance q shift
	Observe client's ability to perform ADL's q shift	Assist with any ADL's that are needed PRN
	Assess for any muscle weakness and pain q shift	Plan out rest periods after care is given to ensure client doesn't become too fatigued
	Assess for edema in lower extremities q shift	Ensure EPCs are on and intact at all times while in bed
	Assess O2 sats before, after, and during activities	Teach deep breathing techniques q shift
	Assess for any work of	Apply supplemental O2 if

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care	breathing during activity (SOB, labored breathing...)	needing according to protocol
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