

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments	Multidisciplinary Team Intervention
<p>Problem: Decreased Cardiac output</p> <p>Reasoning: CHF diagnosis, fluid volume overload</p> <p>Goal: Fluid intake does not Exceed 2000mL in 24 hours.</p> <p>Goal: Does not exhibit new or increased signs of SOB during my time of care.</p>	Strict I & O q8h	Maintain fluid restriction, measure voiding output routinely
	Assess vital signs (HR, BP) q4h	Administer antihypertensive medications as ordered
	Auscultate heart and lung sounds q4h	Administer oxygen NC per protocol
	Weigh patient daily	Maintain fluid restriction 2000mL in 24 hours
	Continuous telemetry monitoring	Ensure placement of electrodes. Notify provider of arrhythmias stat.
	Obtain EKG daily	Notify provider of changes in comparison to prior EKGs

Anticipated Patient Problem and Goals	Relevant Assessments	Multidisciplinary Team Intervention
<p>Problem: Activity intolerance</p> <p>Reasoning: DOE when ambulating to bathroom</p> <p>Goal: Maintains oxygen saturation above 90% with ambulation BID.</p> <p>Goal: Perform ADLs with assistance without extreme fatigue during my time of care.</p>	Assess work of breathing with ambulation to bathroom BID	Titrate supplemental oxygen to obtain a saturation of >90% on NC
	Assess vitals before, during, after ambulation (HR, RR, o2%)	Administer oxygen per protocol, encourage frequent rest periods
	Assess for pain, quality, and severity during ADLs	Administer PRN Acetaminophen 600mg PO
	Assess ability to perform ADLs independently	Consult PT/OT. Encourage short periods of activity in between rest periods.
	Obtain telemetry monitoring while ambulating	Notify provider of significant rhythm changes
	Assess gait and steadiness while ambulating	Ensure gait belt use, have assistive devices nearby