

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired Cardiac output</p> <p>Reasoning: Compromised cardiac output from decompensated HF</p> <p>Goal: Will have a resting HR of less than 100BPM during my time of care</p> <p>Goal: Will maintain a BP of 120/80 during my time of care</p>	Vital signs Q4 (BP, HR)	Administer Metoprolol as ordered
	Intake and output Q4	Encourage oral intake and administer Furosemide as ordered
	Daily Weight every shift	Educate about sodium diet and fluid intake Q4
	Signs of fluid overload (edema, ascites, tachycardia) once	Change positions and elevate lower extremities Q2
	LOC and mental status during hourly rounds	Notify instructor/nurse and apply safety precautions like bed lowest position, side rails, call bell, along with orienting to person, place, time, event PRN
	Activity tolerance and level Q4	Get OOB for breakfast, ADL, or walks for activity increase Q4

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired Gas exchange</p> <p>Reasoning: Fluid buildup in lungs from ventricle insufficient pumping due to HF.</p> <p>Goal: Will have an O2 sat of 98% or higher during my time of care</p>	Auscultate lung sounds Q4/PRN	Position HOB above 40 degrees PRN
	Assess for respiratory distress symptoms during hourly rounds like increased RR, WOB, restless, changes in LOC.	Alert instructor/nurse, call RT, provide safety precautions, elevate HOB PRN
	Assess use of IS Q1 hr	Educate on importance of IS along with deep breathing to improve O2

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Goal: Will perform ADL's without any impaired gas exchange symptoms like decreased Spo2, increased RR, confusion		perfusion Q1
	Assess O2 sat Q4 hrs and PRN	Apply supplemental o2 therapy PRN
	Assess activity tolerance Q2 hrs	Encourage activity and rest periods and educate on importance Q2
	Positioning Q1 hr	Encourage getting OOB and moving for breakfast/walk to facilitate use of lungs and deep breathing Q3