

## Nursing Problem Worksheet

Name: \_\_\_\_\_

<b>Anticipated Patient Problem and Goals</b>	<b>Relevant Assessments</b>  (Prework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prework) What will you do if your assessment is abnormal?
<b>Problem:</b> Decreased cardiac output  <b>Reasoning:</b> EF%, arrhythmias, decrease urine output  <b>Goal:</b> Will remain >95% SpO2 during my time of care.  <b>Goal:</b> SBP will remain <140 and DBP will remain >40 during my time of care.	Monitor telemetry (continuously)	Maintain telemetry (at all times)
	Pulses/ peripheral: rate, rhythm, intensity (q8h)	Administer metoprolol (po)
	Respiratory: effort, depth, rate and lung sounds, SpO2 (q8h/ PRN)	Apply/ maintain oxygen therapy as needed for SpO2 <90% (PRN)
	Dizziness/ fatigue/ nausea (q8h/PRN)	Cluster care, promote rest and relaxation (PRN/ as much as possible)
	Intake and output (q8h)	Maintain cardiac diet, maintain fluid restriction (at all times)
	Orthostatic vitals (qshift)	Dangle feet on floor for about a minute (before getting OOB)

<b>Anticipated Patient Problem and Goals</b>	<b>Relevant Assessments</b>  (Prework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prework) What will you do if your assessment is abnormal?
<b>Problem:</b> Impaired skin integrity  <b>Reasoning:</b> Fatigue, Braden score, weakness, bedrest  <b>Goal:</b> Will have new fresh linens wrinkle free in my time of care.  <b>Goal:</b> Skin will remain dry and intact during my time of care	Edema, skin color (BID)	TED stocking (for 12 hours out of the day as desired)
	Braden score (qshift)	Maintain dry, clean linens (at all times)
	intact/ blanchable skin (BID)	Apply/ maintain aquacel (at all times)
	Positioning/ self-turning (q2h)	Use tap system to elevate unilateral side to relieve pressure on sacrum and coccyx. Encourage self-turning if able (q2h)
	Turgor, cap refill, peripheral pulses (qshift)	Elevate lower extremities (PRN)
	Meals % (TID)	Communicate with provider about protein supplement. Educate on the importance of a well-balanced meal for promotion of healing (PRN)

## Nursing Problem Worksheet

Name: \_\_\_\_\_