

### Nursing Problem Worksheet

Name:  Lillie Golub

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired Gas Exchange</p> <p>Reasoning: RR 24 SPo2 80% RA Order for continuous pulse oximetry Order for Oxygen protocol on NC to titrate and maintain SpO2 &gt;92% Ordered BiPAP Coarse crackles in all lobes Goal: Maintains SpO2 &gt; 92 % or higher during my time of care.</p> <p>Goal: Will maintain a RR of 12-20 during my time of care.</p>	Assess spO2 PRN	Discuss titration of O2 according to protocol with RN per provider order.
	Auscultate lungs for adventitious breath sounds and SOB q4 hours.	Maintain 2,000mL fluid restriction and discuss potential readjustment with provider if necessary.
	Assess RR and use of accessory muscles while on NC prn.	Collaborate with nurse and provider about use of BiPAP again to get desired SpO2 of > 92%.
	Assess knowledge of purse lip breathing technique by patient and spouse once during my time of care.	Have patient and spouse demonstrate correct purse lip breathing technique so that it may be done prn.
	Assess Skin color and temperature PRN.	Reposition above 30 degrees until ideal position is reached and reassess skin color and temperature within 5 minutes of position change.
	Assess for SOB during position changes.	Contact provider about collaborating with RT for other treatment options to help improve breathing.

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<p>Problem: Decreased Cardiac Output</p> <p>Reasoning: Estimated EF is 38% Admitted for acute exacerbation of HF Echocardiogram displays significant LVEF HR 100-110 BP 90/50 Capillary refill &gt; 3 seconds Order for telemetry Goal: Will have urine output of 30 mL/hour.</p> <p>Goal: Will maintain a HR of 60-100 BPM during my time of care.</p>	Access urine output q2-4hours.	Maintain 2,000 mL/day fluid restrictions. Collaborate with RN and provider if fluid restrictions needs to be altered or any medication adjustments are needed.
	Assess HR q 4hours and prn.	Administer Digoxin 0.25 mg PO as ordered daily. Reassess HR after one hour.
	Assess for LE edema q 4 hours and prn.	Assess proper placement of and function of sequential compression device to improve venous return or if patient

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		refuses device elevate legs on a pillow for venous return and reduce peripheral edema.
	Weigh daily in the morning and compare daily weight.	Administer furosemide 40 mg PO and continue to reassess daily weight. If there is an increase collaborate with RN and provider about readjustments of medication.
	Assess capillary refill q8 hours and prn.	Administer Lisinopril 10 mg daily PO to help vasodilation, as ordered by provider and reassess within one hour.
	Assess BNP	Administer Furosemide 40mg BID PO, Metoprolol 50 mg BID PO, and Lisinopril 10 mg Daily PO as ordered by provider to help lower BNP levels.