

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Decreased cardiac output Reasoning: ADHF, possible fluid restriction, tachypnea, fluid overload,</p> <p>Goal: patient will void 30 mL or more per hour during time of my care.</p> <p>Goal: patient will maintain an SPO2 Of 95% on RA during time of my care.</p>	Assess I&O's q4-8 hours	Administer furosemide as ordered for fluid retention.
	Auscultate lung/breath sounds posteriorly and anteriorly upon start of shift	Instruct on deep breathing (pursed lip breathing) and coughing q 4hr
	Assess spO2 q4 hrs	Raise HOB semi-fowlers q 4hrs
	assess RR and work of breathing q4hr PRN sob.	Encourage IS use q1hr x10 – set goal to hit.
	Assess BP and AP – rate rhythm and depth	Administer metoprolol as ordered for high blood pressure/AP.
	Assess knowledge of IS upon beginning of shift	Explain importance and demonstrate how it improves function PRN questions.

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: activity intolerance</p> <p>Reasoning: pulmonary edema, poor o2 perfusion, dyspnea on exertion</p> <p>Goal: pt will be able to preform ADLs with minimal assistance during time of my care.</p> <p>Goal: pt will verbalize understanding of conservation energy techniques during my time of care.</p>	Assess pt baseline of ADLs q shift	Collaborate with OT, practice doing task like oral care, putting on and taking off socks, etc. q 4 hr
	Monitor SPO2 q4hr while ambulating around the room.	Apply supplemental O2 if ordered if spo2 drops below 93% on RA PRN ambulation.
	Assess pt knowledge on saving energy doing daily tasks and ambulating q shift	Inform patient on clustering care to promote periods of rest q shift.
	Assess pt pain level before performing ADL/ ambulating q2-4hr	Administer aspirin as ordered for pain – PRN pain while ambulating.
	Assess emotional response and feelings regarding activity intolerance q Shift	Set SMART goals in order for pt to motivate themselves in furthering their tolerance q shift.
	Assess room set up and presentation q shift	Clean room, remove any trash off the floor and rearrange furniture to set a clear path to reduce risk of falling PRN ambulation

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