

MARGARET H. ROLLINS SCHOOL OF NURSING
Nursing 102 – Nursing Care of Adults
Unit IV - Gastrointestinal System (1)
Class Prep

Part 1-Match the following GI terms to the correct definition.

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|-----------------------|--|
| 1. __C__ Borborygmi | A. Black tarry stool |
| 2. __A__ Melena | B. Fatty Stools |
| 3. __E__ Pyrosis | C. Loud, gurgling bowel sounds |
| 4. __B__ Steatorrhea | D. Bright red blood in the stool |
| 5. __D__ Hematochezia | E. Heartburn |
| 6. __F__ GERD | F. Reflux of stomach acid into esophagus |

Part 2-Complete and ATI Learning Template on Gastroesophageal Reflux Disease (GERD). Attach to the second page of this document or submit separately to the drop box.

It keeps deleting my work so here it is for now until I can print out a hard copy

AIH mucosal damage by chronic reflux

Path: Reflux of acidic gastric contents into eso, foods can trigger, meds, obesity, hiatal hernia

Prevention/comp smoking cessation, manage weight, scar tissue and erosion can occur

R/f obesity, meds,, certain foods,

Expecting findings: pyrosis, dysphagia, regurgitation, wheezing, coughing, dyspnea, discomfort at nighttime, mimics angina

Safety Scar tissue or hyperkalemia

Meds: HCL acid suppression, antacids

Nursing care Avoid chocolate, peppermint, small frequent meals

Procedure: endoscopy

Inter care Proper pt education, cardiology, RT, ENIT

Client educ: low fat diet, small frequent meals, avoid acl, smoking cceastion