

ACTIVE LEARNING TEMPLATE: *System Disorder*

STUDENT NAME \_\_\_\_\_

DISORDER/DISEASE PROCESS \_\_\_\_\_ REVIEW MODULE CHAPTER \_\_\_\_\_

Alterations in Health (Diagnosis)

Pathophysiology Related to Client Problem

Health Promotion and Disease Prevention

**ASSESSMENT**

Risk Factors

Expected Findings

Laboratory Tests  
Esophageal pH monitoring

Diagnostic Procedures

**SAFETY CONSIDERATIONS**

**PATIENT-CENTERED CARE**

Nursing Care

Medications

Client Education  
Eat small frequent meals, Elevate HOB, Remain upright for 3 hrs after eating, avoid food and drinks that aggravate GERD

Therapeutic Procedures

Interprofessional Care

Complications