

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 102-Nursing Care of Adults
Research Paper: Topical Outline Template

1. **Title of the paper:** *Skin Cancer Awareness*
2. **Thesis Statement:** Skin cancer is the most common type of cancer, yet it is preventable and highly treatable when detected early.
3. **Introduction:**
 - a. Key points/ background information
 - i. Overview/background of skin cancer as being one of the most prevalent cancers worldwide.
 - ii. Different types: Basal cell carcinoma, Squamous cell carcinoma, and Melanoma.
 - iii. Risk factors: UV exposure, genetics, fair skin, immunosuppression, and tanning bed use
 - iv. Importance of prevention and early detection
 - b. Thesis Statement
 - i. **Although skin cancer is highly prevalent, it is both preventable and treatable, making patient education, early screening, and evidence-based nursing interventions essential.**
4. **Body of the paper:**
 - a. **Statement of the Problem**
 - i. Overview of the problem
 1. Definition and types of skin cancer.
 2. The rising cases of skin cancer, especially melanoma.
 3. The different roles of nurses in skin cancer prevention, screening, and patient education.
 - ii. Significance of the topic
 1. Impact on public health due to increasing cases.
 2. Rising incidence in younger populations
 3. Morbidity and mortality rates
 - iii. Statistical information
 1. Global and U.S. statistics on incidence and mortality rates.
 2. Survival rates with early vs. late-stage detection.
 3. High-risk populations and demographics.
 - iv. If left untreated how would this affect the nursing community?
 1. Increased hospitalizations and long-term care needs.
 2. Greater healthcare costs and resources.
 - b. **Risk Reduction/ Treatment of the Problem**
 - i. Prevention
 1. Sun protection measures: Sunscreen, protective clothing, and avoiding peak UV hours.
 2. Promoting early education on the cancer
 3. Different lifestyle modifications: avoiding tanning beds, regular skin self-exams.
 - ii. Screening

1. Importance of regular dermatologic exams, especially for high-risk populations.
 2. Role of nurses in conducting skin assessments and educating patients.
 3. ABCDE rule for melanoma detection.
- iii. Treatment
1. Medical and surgical options: Excision, cryotherapy, Mohs surgery, immunotherapy.
 2. New treatments and advancements.
 3. Nursing care considerations in post-treatment recovery.
- iv. What is the impact this research has on patient care?
1. Improved early detection and patient outcomes.
 2. Better adherence to sun safety practices and reduced case rates.
 3. More education programs for prevention and self-examination.

c. Teaching

- i. 2 learning objectives for the learner
 1. Understand the risk factors, prevention strategies, and screening guidelines for skin cancer.
 2. Demonstrate proper techniques for skin self-examinations and educate patients on the importance of being aware.
- ii. Teaching strategies/ methods you will utilize
 1. Patient education sessions on self-examinations.
 2. Demonstrations on proper sunscreen use and UV protection.
 3. Use visuals like the ABCDE rule for melanoma detection.
- iii. Teaching tools you will utilize
 1. Visual aids (posters, skin lesion charts)
 2. Hands-on skin assessment
 3. Educational pamphlets/brochures

5. Conclusion

- a. Summarize the main points of the paper
 - i. Recap of key points on prevention, early detection, and nursing interventions.
 - ii. Emphasizing the nurse's role in patient education and advocacy.
 - iii. Importance of evidence-based practice in reducing skin cancer mortality.
- b. How does this information apply to evidence-based nursing practice?
 - i. Using research backed prevention and screening guidelines.
 - ii. Implementing patient-centred education to promote early detection.
 - iii. Collaborating with interdisciplinary teams, including dermatologists and oncologists, for comprehensive patient care.
- c. What is the importance of this paper?
 - i. Highlights the preventable nature of skin cancer.
 - ii. Supports ongoing research and public health initiatives to reduce case rates.
 - iii. Emphasises the need for proactive nursing involvement.

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