Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 102-Nursing Care of Adults
Research Paper: Topical Outline Template

1. **Title of the paper:** Skin Cancer; Who, What, Why, and How to Prevent

Thesis Statement: It is important to understand what skin cancer is, how to prevent it, and what steps you can take to treat this disease.

2. **<u>Introduction:</u>**
    a. Key points/ background information
        i. What is skin cancer and its relevance?
        ii. What happens to the body with this cancer?
        iii. Some things to prevent/treat
    b. Thesis Statement
        i. It is important to understand what skin cancer is, how to prevent it, and what steps you can take to treat this disease

3. **<u>Body of the paper:</u>**
    a. Statement of the Problem
        i. Overview of the problem
            1. Most common causes; UV Rad. and skin tone
            2. Melanoma vs. Nonmelanoma
            3. Signs and symptoms each class might experience
        ii. Significance of the topic
            1. Who it affects most commonly
            2. Who is most at risk
            3. Impact on quality of life
        iii. Statistical information
            1. US statistical data trending for 5 years
            2. Men vs. Woman, Different skin tones (who's going to be most affected by it?)
            3. Healthcare costs
        iv. If left untreated how would this affect the nursing community?
            1. Increase in further staged cancer pt.
            2. Pt. experiencing musculoskeletal, immune, endocrine system problems

    b. Risk Reduction/ Treatment of the Problem
        i. Prevention
            1. No tanning beds
            2. Sunscreen, shades, sun-protective clothing
            3. Lifestyle changes; no smoking, exercise, diet
        ii. Screening
            1. Examining self for any new moles, freckles, spots

        2. When to get screened
        3. What the experience would be if you got screened
    iii. Treatment
        1. Most common: Surgery
        2. Non-invasive: topical creams, photodynamic therapy, targeted therapy, Radiation, immunotherapy
        3. Invasive: chemo
    iv. What is the impact this research has on patient care?
        1. Early detection/ Public Awareness
        2. Prevention measures
        3. Development of more effective treatments

c. Teaching

    i. 2 learning objectives for the learner
        1. Identifying key risk factors/ how to perform self-skin exams
        2. Preventative measures
    ii. Teaching strategies/ methods you will utilize
        1. How to perform self-checks
        2. Utilizing Sunscreen
        3. Recognizing the s/sx of suspicious integ. changes
    iii. Teaching tools you will utilize
        1. Different pictures of signs/symptoms of skin cancer
        2. Best sunscreens to apply for prevention
        3. Predisposing modifiable risk factors and how to prevent them

4. <u>Conclusion</u>

a. Summarize the main points of the paper
    i. Signs and symptoms of Skin Cancer
    ii. Why early detection is important
    iii. How to prevent it
b. How does this information apply to evidence-based nursing practice?
    i. Lower mortality rates
    ii. Prevent hospitalization of these patients
    iii. Better quality of life
c. What is the importance of this paper?
    i. Inform reader about what Skin Cancer is
    ii. Why it occurs
    iii. How to stop it from happening