

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 102-Nursing Care of Adults**  
**Research Paper: Topical Outline Template**

1. **Title of the paper:** Skin Cancer: Risks, Treatment, and Prevention
2. **Thesis Statement:** While skin cancer is a preventable disease, factors such as UV radiation, genetic predisposition, and deficient knowledge contribute to the number of cases seen in recent years. There are many treatments available for this disease, but thorough education about sun protection and prevention is the most effective way to reduce skin cancer rates.
3. **Introduction:**
  - a. Key points/ background information
    - i. Statistics on rising skin cancer cases in the last 5 years
    - ii. What is skin cancer? Definition, Simple Pathophysiology
    - iii. Most effective treatment/prevention strategies
  - b. Thesis Statement
    - i. While skin cancer is a preventable disease, factors such as UV radiation, genetic predisposition, and deficient knowledge contribute to the number of cases seen in recent years. There are many treatments available for this disease, but thorough education about sun protection and prevention is the most effective way to reduce skin cancer rates.
4. **Body of the paper:**
  - a. **Statement of the Problem**
    - i. Overview of the problem
      1. Deeper dive into pathophysiology (In layman's terms)
      2. Who is the most at risk? Top risk factors/predisposing factors.
      3. How to reduce risk
    - ii. Significance of the topic
      1. How it can affect people who have skin cancer
      2. How easy it can be to prevent/reduce risk of it happening
      3. How quickly cancer can spread if undetected
    - iii. Statistical information
      1. Prevalence in the community, more statistics (who is being affected)
      2. Mortality rates
      3. Survival rates
    - iv. If left untreated how would this affect the nursing community?
      1. Number of hospitalizations because of skin cancer.
      2. How the cancer can metastasize if not caught early.
  - b. **Risk Reduction/ Treatment of the Problem**
    - i. Prevention

1. Proper skin protection against UV radiation
  2. Knowing risk factors and performing proper self-screening/ screening with doctor
  3. Getting looked at if there is suspicion of skin cancer/concerning self-screen.
- ii. Screening
    1. Self-checks to look for anything concerning
    2. Proper screening with healthcare provider
    3. Biopsy of concerning skin areas
  - iii. Treatment
    1. Immunotherapy
    2. Targeted therapy
    3. Radiation therapy
  - iv. What is the impact this research has on patient care?
    1. Reduction of risk/ knowing their risk factors (genetic predisposition, etc.)
    2. Less cases
    3. Lower mortality rates in those with skin cancer

**c. Teaching**

- i. 2 learning objectives for the learner
  1. Importance of proper skin protection when in the sun
  2. Mechanism of action for treatment medications/side effects
- ii. Teaching strategies/ methods you will utilize
  1. The importance of sunscreen/proper SPF for different skin types to protect from UV rays.
  2. How to self-screen/what to look for
  3. When to start getting regular screenings.
- iii. Teaching tools you will utilize
  1. Different types of sunscreen/SPFs and what they mean/who they are for
  2. How to self-screen/what to look for.
  3. Predisposing risk factors and how to decrease risk.

**5. Conclusion**

- a. Summarize the main points of the paper
  - i. Skin cancer prevention
  - ii. Skin cancer treatment options
  - iii. What is important teaching for clients
- b. How does this information apply to evidence-based nursing practice?
  - i. SPF is proven to protect the skin from UV rays.
  - ii. Family Hx/Genetic Predisposition put pts at higher risk.
  - iii. Excision of affected tissue can remove cancerous cells, preventing spread.
- c. What is the importance of this paper?
  - i. To lower the number of cases seen in statistics
  - ii. To help more people to catch it early to ensure maximum quality of life
  - iii. To spread awareness about skin cancer

