

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 102-Nursing Care of Adults
Research Paper: Topical Outline Template

- 1. Title of the paper: Skin Cancer in Relation to Tanning Culture**
- 2. Thesis Statement:** Skin cancer is one of the most under-reported cancers in relation to increasing tanning culture and can be prevented through early detection, education and preventive measures when out in the sun.
- 3. Introduction:**
 - a. Key points/ background information
 - i. What is skin cancer?
 - ii. Melanoma, basal cell, squamous cell
 - iii. UV: difference between natural and artificial
 - b. Thesis Statement
 - i. Skin cancer is one of the most under-reported cancers in relation to increasing tanning culture and can be prevented through early detection, education and preventive measures when out in the sun.
- 4. Body of the paper:**
 - a. Statement of the Problem**
 - i. Overview of the problem
 1. Risk factors
 2. Pathophysiology of skin cancer
 3. Signs and symptoms
 - ii. Significance of the topic
 1. Very common cancer
 2. Overlooked
 3. Increased risk
 - iii. Statistical information
 1. How many people use tanning beds a year (nationally)
 2. New dx's every year (nationally)
 3. UV – the difference in exposure between natural and artificial
 - iv. If left untreated how would this affect the nursing community?
 1. Increased patient loads
 2. Higher mortality/complication rate
 - b. Risk Reduction/ Treatment of the Problem**
 - i. Prevention
 1. Bringing awareness to cancer
 2. Using sun protection
 3. Limiting exposure
 - ii. Screening
 1. ABCDE – visual self-checks

- 2. Biopsy
 - 3. Professional/appt checks
- iii. Treatment
 - 1. Surgeries
 - 2. chemotherapy
 - 3. radiation/PDT
- iv. What is the impact this research has on patient care?
 - 1. High risk area – beach town
 - 2. Easily undetectable
 - 3. Education

c. Teaching

- i. 2 learning objectives for the learner
 - 1. Understanding skin cancer
 - 2. prevention
- ii. Teaching strategies/ methods you will utilize
 - 1. Hard facts
 - 2. Community engagement
 - 3. Questions and answers
- iii. Teaching tools you will utilize
 - 1. Visual aids
 - 2. Hand outs
 - 3. game or work sheet

5. Conclusion

- a. Summarize the main points of the paper
 - i. The effect of UV (natural and artificial) on skin
 - ii. Signs and symptoms
 - iii. How to protect/prevent skin cancer
- b. How does this information apply to evidence-based nursing practice?
 - i. Relative and updated information on skin cancer detection
 - ii. Research- backed information on UV and skin
 - iii. Tracking outcomes to reduce skin cancer population
- c. What is the importance of this paper?
 - i. Educating community
 - ii. Early detection
 - iii. Health promotion

