

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 102-Nursing Care of Adults**  
**Research Paper: Topical Outline Template**

- 1. Title of the paper: Breast Cancer**
- 2. Thesis Statement: Breast cancer is a progressive disease process that many women within our community face in their lifetime effecting themselves or a loved one.**
- 3. Introduction:**
  - a. Key points/ background information
    - i. Disease process & physiology
    - ii. Population prevalence & risks
    - iii. Diagnosis and treatment options
  - b. Thesis Statement
    - i. Breast cancer is a progressive disease process that many women within our community face in their lifetime effecting themselves or a loved one.
- 4. Body of the paper:**
  - a. Statement of the Problem**
    - i. Overview of the problem
      1. Progression
      2. Comorbidities
      3. Quality of life
    - ii. Significance of the topic
      1. Staging
      2. Assessments
      3. Treatment options
    - iii. Statistical information
      1. 91.2% survival rate over five years with diagnosis
      2. Most diagnosed in ages 65-74 years
      3. Accounts for 15.5% of newly diagnosed cancers
    - iv. If left untreated how would this affect the nursing community?
      1. Mortality rate based on stages
      2. Metastasis
  - b. Risk Reduction/ Treatment of the Problem**
    - i. Prevention
      1. Common knowledge of disease
      2. Maintaining a healthy lifestyle
      3. Preventative surgical measures
    - ii. Screening
      1. Self-exams
      2. Knowing family history
      3. Mammograms

- iii. Treatment
  - 1. Chemotherapy
  - 2. Radiation
  - 3. Mastectomy
- iv. What is the impact this research has on patient care?
  - 1. Lifestyle changes
  - 2. Awareness
  - 3. Being proactive

**c. Teaching**

- i. 2 learning objectives for the learner
  - 1. Maintaining healthy lifestyle
  - 2. Signs and symptoms
- ii. Teaching strategies/ methods you will utilize
  - 1. Pictures
  - 2. Demonstration
  - 3. Teach back
- iii. Teaching tools you will utilize
  - 1. Brochure of self-examination
  - 2. Self-exam demonstration
  - 3. Trifold presentation

**5. Conclusion**

- a. Summarize the main points of the paper
  - i. Pathophysiology
  - ii. Treatments
  - iii. Quality of life
- b. How does this information apply to evidence-based nursing practice?
  - i. Specific education & screenings
  - ii. Preventative measures
  - iii. Guidance for treatments
- c. What is the importance of this paper?
  - i. Community awareness
  - ii. Education on self-examination
  - iii. What to expect living with breast cancer diagnosis