

1. Anticoagulation Questions:

- a. What lab is used to monitor Heparin therapy? PTT
- b. What lab is used to monitor Warfarin (Coumadin) therapy? PT/INR
- c. What dietary considerations on Warfarin do you need to educate your patients on?
Foods high in vitamin K like spinach, broccoli.
- d. Name (2) side effects of anticoagulants? Bleeding, GI upset.
- e. What gauge needle do you use to administer a SQ injection? 25-30
- f. Name (3) safe considerations/education needed for anticoagulants? No shaving with razors, brush your teeth with soft bristle tooth brush, and no straining especially on the toilet.