Nursing 102 Care of Adults
Clinical Preparation Week

Cardiovascular: Anticoagulation

** Due Friday, February 7th by 0830 **

Your Class Prep Assignment has multiple parts. Please make sure you complete ALL the required assignments to receive full credit and be prepared for your lab.

1. Complete the following module in EdPuzzle:
   https://edpuzzle.com/assignments/678566d9e2a7ace926e69b14/watch

2. Watch these videos and answer the questions on the next page:
   https://youtu.be/74oq1p_tziE?si=uqHAm5S4M1zPoiZI
   https://youtu.be/Cnx2_uQFOEg?si=xaj59vt8koeRUve4

3. Complete ATI Templates for the following 3 anticoagulant medications (Bring these to the lab):
   a. Heparin sodium (concentrate on subq route)
   b. Enoxaparin (Lovenox) subq
   c. Warfarin (Coumadin) PO.

   *Of note, these medications will **ALWAYS** be by memory on clinical day 1 and day 2

   Additional medication templates that you will more than likely administer this semester you may decide to fill out a med template for (*not required for CP grade*): Xarelto, Eliquis, Arixta

4. Review your Heparin/Lovenox Administration Procedure 2025 and SQ Injection Administration Sites (will be on E360 1 week prior to the semester under "Clinical Prep")
5. Anticoagulation Questions:

   a. What lab is used to monitor Heparin therapy?

      PTT

   b. What lab is used to monitor Warfarin (Coumadin) therapy?

      PT/INR

   c. What dietary considerations on Warfarin do you need to educate your patients on?

      Foods high in vitamin K

   d. Name (2) side effects of anticoagulants?

Bleeding, Osteoporosis

Nausea/Vomiting

e. What gauge needle do you use to administer a SQ injection?

25 gauge

f. Name (3) safe considerations/education needed for anticoagulants? ie.; no drinking alcohol

Don’t use razor blades

Don’t strain if constipated

Mindful oral care (toothbrushes / flossing to avoid bleeding)

**Be prepared to discuss all these documents throughout the lab*