

**Nursing 102 Care of Adults
Clinical Preparation Week- 2025**

Neurosensory: Stroke

**** Due Wednesday, February 5th by 0830 to Dr. Baich's DropBox ****

1. Log on to ATI
 - a. Learn Tab → Engage Adult Medical Surgical RN → Alterations in Neurologic Function → Review the “Stroke” lesson → Watch the “Stroke” Podcast
2. Complete the following:
 - a. After reviewing the stroke lesson:
 - i. What does BE FAST stand for? Expand upon each letter:

B: Balance: Sudden loss of balance or coordination

E: Eyes: Sudden vision changes in one or both eyes

F: facial drooping – weakness or asymmetry of face

A: arm weakness – numbness or weakness in one arm

S: speech disturbance – slurring of speech

T: time to call 911/activate stroke protocol if one or more signs are present

- ii. What is the treatment for stroke?

Hemorrhagic	Ischemic
Thrombectomy, decompressive hemicraniectomy, reversal agents, or infusion of plasma PT, OT, speech therapy	Dissolving or removing clots Administering aspirin or alepase

- iii. Have the NIH Stroke Scale available (will be posted in the clinical prep lesson on edvance360). Watch the following video and complete the NIH Stroke Scale:

<https://www.youtube.com/watch?v=Yca-VJiHufU>.

- | | |
|---|--|
| 1. 1a: Level of Consciousness: 2 | 8. Motor Leg: L 2 R 0 |
| 2. 1b: LOC Questions: 2 | 9. Limb Ataxia: 1 |
| 3. 1c: LOC Commands: 0 | 10. Sensory: 2 |
| 4. Best Gaze: 1 | 11. Best Language: 0 |
| 5. Visual: 1 | 12. Dysarthria: 0 |
| 6. Facial Palsy: 1 | 13. Extinction and Inattention: 0 |
| 7. Motor Arm: L 2 R 0 | 14. Total Score: 14 |

- b. After watching the Podcast:
 - i. What is the role of the rehab nurse when working with a stroke patient?
Educating the pt on what they may have practiced with PT and OT on how to make tasks easier, passing that information along to family, and pain management.
 - ii. What is the role of OT when working with a stroke patient?

Finding adaptive equipment to make daily tasks easier, custom food utensils, and creating a plan on how to adapt to their new circumstances.

- iii. Why is a speech language pathologist (SLP) important when a patient is recovering from a stroke?

An SLP will ensure the pt can communicate properly and that they are able to chew and swallow their food.

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Gastrointestinal: Nasogastric Tubes

**** Due Wednesday, February 5th by 0830 to Dr. Baich's DropBox ****

Class Preparation Directions:

On ATI, open the Nasogastric Tube Skills Modules 3.0.

1. Complete the module:
 - a. Essentials of nasogastric intubation
 - b. Performing nasogastric intubation
 - i. Watch videos:
 1. Inserting a nasogastric tube
 2. Care and maintenance of a nasogastric tube
 - c. Gastric decompression
 - i. Watch video:
 1. Gastric decompression
 - d. Gastric compression
 - e. Gastric lavage
 - f. Removing a nasogastric tube
 - i. Watch video:
 1. Removing a nasogastric tube
 - g. Evidence-based practice
 - i. Nasogastric intubation
 - h. Key considerations
 - i. General considerations
 - ii. Clinical judgment considerations
 - i. Documentation
 - j. Activities
 - i. Practice challenge 1-3
2. Take the posttest and download the report. (You must earn at least 80% on the test. Retake the test until this is achieved.) Submit report to Dr. Baich's dropbox.
<https://student.atitesting.com/DownloadReport/339204523>