

**Nursing 102 Care of Adults
Clinical Preparation Week- 2025**

Neurosensory: Stroke

**** Due Wednesday, February 5th by 0830 to Dr. Baich's DropBox ****

1. Log on to ATI
 - a. Learn Tab → Engage Adult Medical Surgical RN → Alterations in Neurologic Function → Review the “Stroke” lesson → Watch the “Stroke” Podcast
2. Complete the following:
 - a. After reviewing the stroke lesson:
 - i. What does BE FAST stand for? Expand upon each letter:

B: BALANCE (do they have balance when standing? Can they stand?)

E: EYES (is one eye closed? One eye drooped? Are they both the same?)

F: FACE (is one cheek drooped? Is one side looking different?)

A: ARM (can they lift only one arm? Can they not hold one arm up?)

S: SPEECH (Is their speech clear or drowsy/slurred?)

T: TIME (very important to catch signs early and call 911!!)

- ii. What is the treatment for stroke?

Hemorrhagic	Ischemic
Surgery may be indicated (thrombectomy), decompressive hemicraniectomy, rehab services like PT and OT, reversal agent/infusion of plasma	(most strokes) dissolving/removing clots and preventing new ones, admin of alteplase within three hours of onset of stroke, aspirin may be prescribed 48 hours of stroke

- iii. Have the NIH Stroke Scale available (will be posted in the clinical prep lesson on edvance360). Watch the following video and complete the NIH Stroke Scale:
<https://www.youtube.com/watch?v=Yca-VJiHufU>.

1. 1a: Level of Consciousness: 2
2. 1b: LOC Questions: 2
3. 1c: LOC Commands: 0
4. Best Gaze: 1
5. Visual: 1
6. Facial Palsy: 1
7. Motor Arm: R:0, L:2
8. Motor Leg: R:0 L:2
9. Limb Ataxia: 1 (L ARM)
10. Sensory: 2 (L CHEEK)
11. Best Language: 0
12. Dysarthria: 0
13. Extinction and Inattention: 0
14. Total Score: 14

- b. After watching the Podcast:
- i. What is the role of the rehab nurse when working with a stroke patient?

Rehab nurses can remind the client what they learned in therapy, communicate information to the client or family, manage pain management, and educate!

- ii. What is the role of OT when working with a stroke patient?

The role of OT is to figure out what kind of adaptive equipment someone might need to help them adapt to how they are now compared to how they used to live before the stroke.

- iii. Why is a speech-language pathologist (SLP) important when a patient is recovering from a stroke?

A speech pathologist is essential because, with a stroke, the typical disability is paralysis/weakness, so the client has trouble speaking/remembering the right words, and not being able to show emotion/communicate is a big mental/physical battle the clients are going to go through.

Nursing 102 Care of Adults Clinical Preparation Week

Gastrointestinal: Nasogastric Tubes

**** Due Wednesday, February 5th by 0830 to Dr. Baich's DropBox ****

Class Preparation Directions:

On ATI, open the Nasogastric Tube Skills Modules 3.0.

1. Complete the module:
 - a. Essentials of nasogastric intubation
 - b. Performing nasogastric intubation
 - i. Watch videos:
 1. Inserting a nasogastric tube
 2. Care and maintenance of a nasogastric tube
 - c. Gastric decompression
 - i. Watch video:
 1. Gastric decompression
 - d. Gastric compression
 - e. Gastric lavage
 - f. Removing a nasogastric tube
 - i. Watch video:
 1. Removing a nasogastric tube
 - g. Evidence-based practice

- i. Nasogastric intubation
 - h. Key considerations
 - i. General considerations
 - ii. Clinical judgment considerations
 - i. Documentation
 - j. Activities
 - i. Practice challenge 1-3
- 2. Take the posttest and download the report. (You must earn at least 80% on the test. Retake the test until this is achieved.) Submit report to Dr. Baich's dropbox.