

## Nursing Problem Worksheet

Name: Chandler Moore

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prework) What will you do if your assessment is abnormal?
Problem: Pain  Reasoning: Arthritic joint changes, stiffness, Osteoarthritis, edema, redness  Goal: Within 1 hour of administration of Oxycodone PO, pain level will decrease by 3 numeric levels  Goal: By the end of my time of care HR < 100 BPM	Monitor VS Q4H, assess for possible Tachypnea (RR > 20), Tachycardia (HR > 100)	Educate on breathing techniques such as pursed lip breathing, have client demonstrate understanding by using teach back
	Assess pain level on the numeric scale Q4H, be alert for facial grimacing or other concerning non-verbal communication	Administer Oxycodone PO Q6-8H PRN for pain
	Assess client's knowledge of the importance of alerting someone when their pain increases	Educate client on the importance of notifying someone that their pain level is increasing, have them demonstrate understanding using teach back, assess knowledge of how to use call bell

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prework) What will you do if your assessment is abnormal?
Problem: Impaired Mobility	Assess gait Q4H when ambulating, be alert for weak or unstable gait and strength	Assist client in sitting down or getting back in bed, notify provider and PT for possible BR activity order
	Monitor VS before and during ambulation, be alert for orthostatic hypotension	Assist client in sitting down or getting back to bed, notify provider of any abnormal findings

Reasoning: Pain,  
Osteoarthritis, edema,  
arthritic joint changes,  
stiffness

Assess client's knowledge of importance of using the call bell when in need of getting out of bed, and how to use call bell

Educate client on how to use call bell, as well as the importance of using it when in need of possible ambulation or position change. Have demonstrate understanding using teach back method

Goal: Will ambulate 15ft with assistance during my time of care

Goal: Will not fall during my time of care