

### Nursing Problem Worksheet

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<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prework) What will you do if your assessment is abnormal?
Problem: Impaired physical mobility  Reasoning: total hip arthroplasty, reduced ROM, pain with movement  Goal: pt will sit in chair for meals during my time of care  Goal: pt performs ADLs with limited help during my time of care	Assess ROM q2hr	Instruct ordered exercises to improve ROM q1hr
	Assess pt ability to perform ADLs upon first assessment	Assist and help perform any ADLs required at patient's request
	Assess gait and stability upon assessment	Assist pt to chair and bed q2hr PRN meals
	Assess pt positioning q2hr	Adjust and position pt with pillows to help maintain body alignment q2hr
	Assess pt strength of upper extremities to use prescribed assistive devices upon assessment	Accommodate devices or notify PT/OT/physician immediately if pt is unable to use device

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prework) What will you do if your assessment is abnormal?
Problem: Acute pain (hip)  Reasoning: total hip arthroplasty, new incision, stated pain, prescribed medications (morphine, oxycodone) Goal: pt pain level will decrease below a 5 during my time of care  Goal: pt will not show	Assess pain level on numerical scale q2-4hrs	Administer oxycodone or morphine per order
	Assess vital signs 4hr	Notify primary RN of any vitals out of range that may indicate pain q4hr
	Assess pt body language and behavioral responses q2hr	Provide any personal belongings in reach q 1-2hr
	Assess room and environment during hourly rounding	Ensure a quiet, relaxing room for rest periods q1hr
	Assess pt activity and positioning q1-2hr	Cluster care among team members and adjust pt positioning to aid in comfort q2hr

signs of pain such as grimacing, guarding or crying by the end of my shift		
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