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Clinical Instructor:

### ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?  
(Use your resources from class and clinical Fall Risk Score Interventions)
  - a. **45-90 after surgery**
  - b. **High risk**
  - c. **Make sure non-slip socks are on, personal items are in reach, bed lowest position, bed alarm on, proper use of assistive devices, proper footwear when ambulating.**
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.  
**-Dale demonstrated improper use of the incentive spirometer by blowing into the device. I would correct this technique by explaining that they should make a tight seal around the mouthpiece and inhale like they are sucking through a straw for 5 seconds, hold their breath, and blow out with pursed lips like blowing out candles, trying to complete 10 breaths every hour.**
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
  - a. **The dose is a range is not specific. Since this is an IV order, it should contain the ml/mg as well.**
  - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? **2ml**
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
  - a. **The nurse could place his legs on a pillow to hang his heel ensuring there is no pressure on the heels.**
  - b. **If no interventions are implemented, Dale could potentially develop a pressure injury.**
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
  - a. **Educated on Post-operative exercises and made sure Dale fully understood by having him demonstrate back.**
  - b. **There was immediate intervention performed when crackles were auscultated.**
  - c. **Provided very detailed hand off to each team member who was treating Dale.**
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?

- a. If **yes**, describe: **Yes, I feel like the entire medical team used effective listening skills and addressed any concerns/questions that Dale or his partner had. There was also the use of silence, eye contact, and open-ended questions.**
- b. If **no**, describe:

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## Reflection

- 1) Go back to your Preconference Form:
    - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
  - 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
    - a. If **yes**, write it here: **Risk for Falls**
    - b. If **no**, write what you now understand the priority nursing problem to be:
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- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
    - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
    - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
      - i. If **yes**, describe: **Assess wound dressing for drainage, edema, pain q2hr to help maintain clean, dry, intact dressing.**
      - ii. If **no**, describe:
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- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Yes, when auscultating Dale's lungs after surgery, there was crackles presented.**
    - a. How did that impact the nursing care delivered? **The nurse then focused on implementing a new plan of care to focus on resolving the breath sounds, increased fluid intake to make sure Dale was hydrated.**
    - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
      - i. Write it here: **Impaired Skin Integrity**

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice: **My biggest take-away from participating in the care of this patient was the importance of early mobility and pain management in the postoperative period. This reminded me how essential it is to carefully monitor the patient's pain levels and adjust interventions as needed to ensure their comfort while encouraging mobility. This simulation also reinforced the importance of thorough patient education and clear**

**communication with not only the patient and the patient's family but the entire healthcare team.**

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