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ATI Real Life THA Virtual Clinical Reflection Questions

1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?
   (Use your resources from class and clinical Fall Risk Score Interventions)
   a. 60
   b. High Risk
   c. Educate on the use of the call bell, bed in the lowest position, non-slid socks on at all times, bed/chair alarm on, ambulate with patient

2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
   a. Dale demonstrated the improper use of the incentive spirometer by exhaling into the device. Since the device measures how the amount on inspiratory breath, I would instruct him to put the mouthpiece in and suck in like you are drinking a thick milkshake. This will provide the correct movement for the device and get a more accurate reading.

3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
   a. The order states IV, but you need more information since this could be given as a piggyback, IV push, or continuous. If it is a piggyback, then it requires to know the mL per hour to be infused. If it is IV push, it requires how long it needs to be pushed for.
   b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? **2 mL**

4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
   a. The nurse could of applied barrier cream to his heels, apply an aquacel square pad to the bottom of the heal, or float the heels on a pillow so they were not touching the bed.
   b. A concern if no interventions were implemented is that it would get worse, and soon progress into a stageable pressure injury. This would create more of a limitation of movement, since it is on the bottom of his heel.
5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
   a. Giving a detailed report when care was being passed to another care team member.
   b. Using the teach back method after providing teaching to the patient.
   c. Asking name and date of birth before giving medications.
6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?

a. If **yes**, describe: Yes, I do think they utilized therapeutic techniques when talking to the patient and family. The nurse in the beginning of the video asked about the patient's social history, such as pronouns. By gathering this information, you can provide inclusive care. When care was being transferred from one care team member to another, proper and thorough report was given. This helps the continuity of care for the patient.
b. If **no**, describe:
_____
_____
_____

Reflection

1) Go back to your Preconference Form:
   a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.

2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
   a. If **yes,** write it here:
   b. If **no,** write what you now understand the priority nursing problem to be:
   Risk for Falls and Impaired Gas Exchange would now be the priority nursing problems. This is due to his high fall score and the progression of developing atelectasis.

3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
   a. Indicate **(circle, star, highlight)** the ones you saw utilized during the scenario.
   b. Were there interventions you included that *were not* used in the scenario that could help this patient?
      i. If **yes**, describe:
      Yes, the nurse could have assessed active ROM, to see where there is a need of education of exercises to perform while laying in the bed.
      ii. If **no**, describe:

4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here?
   No, I think the patient care went as expected due to his age. There were a few unexpected things, such as redness on his heel and the development of atelectasis, but overall attending an inpatient rehab due to a total hip replacement is not uncommon and is one expected route of discharge.
   a. How did that impact the nursing care delivered?

This impacted the care delivered because it was easier to keep his care organized. Since everything was working out as expected, you were able to have the time to focus directly on him and creating the best care plan for him.

b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
    i. Write it here: Impaired Gas Exchange, Risk for Falls, Risk for Impaired Skin Integrity, Risk for Constipation

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

The biggest take away from this patient is how the problem of mobility can take a toll on multiple body systems. For this patient, this included the musculoskeletal system and the respiratory system. The patient was on the route of developing atelectasis and skin breakdown. This was due to him being immobile. Another takeaway was the impact of education on the patient. After educating the patient on various topics, the provider would use the teach back method to ensure the teaching was effective. This is something that will impact my nursing practice, since it shows how important education is and why the patient needs to be able to recite the information back to you.