

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Pain</p> <p>Reasoning: Osteophytes present at joint line, Decreased cartilage lining at joint, Increased blood pressure, Decreased ROM, Pain Score above 5/10</p> <p>Goal: Blood pressure will remain within normal limits during my time of care</p> <p>Goal: Pain score will remain above a 5/10 during my time of care</p>	Assess blood pressure q2 hours or as needed	Give antihypertensive medication, or notify provider to obtain a PRN antihypertensive medication
	Assess pain score q2 hours or as needed	Give pain medication as ordered
	Assess ROM at beginning of shift or as needed	Educate on ROM exercises that can be done in the bed when needed

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
	Assess room cleanliness when entering	Clean clutter and put belongings in reach of patient

<p>Problem: Deficient Knowledge</p> <p>Reasoning: No knowledge of disease, only states one way of dealing with pain at home</p> <p>Goal: Patient will state the process of osteoarthritis by the end of care</p> <p>Goal: Patient will state two ways of dealing with pain at home by the end of care</p>	Assess knowledge of managing pain at beginning of shift	Educate on ways to manage pain at home as needed
	Assess knowledge of osteoarthritis	Educate on disease process as needed
	Assess knowledge of ROM exercises	Educate on ROM exercises that can be done as needed