

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired Mobility	Assess for edema Q4hrs	Prop up leg to help promote circulation
Reasoning: Just had a hip replacement, pain, trouble ambulating	Assess ability to complete ROM exercises Q4hrs	Teach different hip exercises in order to promote movement in the hip.
	Assess ability to go from sitting in bed to standing Q4hrs	Could assist by using a gait belt, to help ambulate patient.
Goal: Will ambulate 100ft down the hall by end of my time of care.		
Goal: Will practice ROM exercises every 2 hours during my time of care.		

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired Skin Integrity	Assess bony prominences for skin breakdown Q4hrs	Apply barrier cream to areas of breakdown.
Reasoning: Just had hip surgery, unable to get OOB	Assess pt. positioning Q2hrs	Assist to help turn onto new side to take pressure off bony prominences.
	Assess how many times the pt. has got up OOB Q4hrs	Help pt. get up and move to the chair instead of staying in bed all day
Goal: Will ambulate from bed to chair for meals during my time of care.		
Goal: Will turn Q2hrs during my time of care.		