

Student Name:
Clinical Instructor:

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, **medium**, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. **Using Call bell**
 - b. **Not letting him get up without help**
 - c. **Making sure bed is in lowest position**
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. **Use of IS, when using the IS it is important to put it sound you lips and inhale as much as you can, doing this is important to help strengthen the lung muscles and improves breathing. So, making sure you are using it correctly is important in order to promote better breathing.**
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. **It doesn't say if the order is PRN or if they are just getting it every 3-4 hours for pain no matter what.**
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? **2mL**
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. **Elevated heels onto pillow so they are not touching the mattress**
 - b. **Getting him out of bed so he doesn't develop pressure sores.**
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. **Using a gait belt to safely transfer**
 - b. **Making sure he knows how to use the call bell, so he does not keep getting up.**
 - c. **Giving the patient a heated blanket in order to keep him warm with his low temperature.**
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If yes, describe: **I felt like the nurse did a good job at utilizing therapeutic communication because she made sure to keep him and his partner on the same page about everything. She made sure he understands why he needed to be staying in bed and asking for assistance if he needs to get up due to risk of falling. She also did a good job of making sure he felt comfortable and gave him pain medications as needed. When the husband went home, when he came back, she did a good job of making sure he knew what happened when she was gone. I think overall she did a really good job.**

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: **Impaired Mobility and Impaired Skin Integrity were both problems I picked, and both worked.**
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe:
 - ii. If **no**, describe: **He was having pain on his heels so they were assisting for skin breakdown which I wrote on my nursing problem worksheet, she lifted his legs up so they were not resting on the mattress which was helpful. She also helped him get out of bed into the chair using a gait belt which was also one of my interventions which I saw looked helpful to him.**
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? No
 - a. How did that impact the nursing care delivered? **Mostly everything that happened to this patient are things that we can expect with someone getting a surgery. I think the nurse did a very good job with her care.**
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Risk for Falls

What was your biggest “take-away” from participating in the care of this patient? **How did this impact your nursing practice: My biggest take away from this clinical is that you need to have your care individualized. This patient had high blood pressure so making sure that was under control during his surgery was important. He wanted to have his husband there to make him feel comfortable so that was an important thing to make sure he was being included. You never know after surgery what kind of condition your patient is going to be in so making sure you are ready for anything is important. Their safety after surgery is a big thing so making sure to teach them about all of the different fall risk preventions are important to prevent falls. I think overall this was a really good simulation since I did not have a clinical with someone after surgery, I got an idea of what it would be like. I really enjoyed this simulation.**