

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Dale's fall score was 45
 - b. This score is considered high
 - c. Dale should be wearing a fall risk band. The bed should always be in the lowest position with 3 bed rails up. Dale should also be wearing non-skid footwear when transferring. The room should be always clutter-free. And Dale should be educated on how and when to use the call bell.
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. Dale did not perform the incentive spirometer exercise correctly. The correct way to perform the exercise would be to wrap his lips around the mouthpiece and slowly inhale.
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. The order does not specify at what level of pain a does should be administered
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 ml
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. The heel could be elevated on a pillow to prevent skin breakdown
 - b. An aquacell could be placed on his skin to prevent skin breakdown
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. The bed was always in the lowest position
 - b. The nursing team made sure to always use 2 pt identifiers
 - c. Non-skid footwear was when transferring the pt
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: The nurse and medical team did a very good job with therapeutic communication. The preoperative nurse made sure to ask Dale what his pronouns were instead of assuming what they were. The nursing team also made sure to explain all procedures before performing them and answered any questions dale or his partner had.
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: **The priority nursing problem I chose was acute pain. I think this was a correct priority problem because the pt experienced pain several times.**
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: **I think that one of the interventions that could have been used was making sure that dale had all necessary items within his reach so, that he wouldn't attempt to get out of bed by himself.**
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Yes**
 - a. How did that impact the nursing care delivered? **The nurse had to pivot the care that she was giving to the patient. Even though the patient was doing the breathing exercises and ROM exercises that he was taught before the surgery, he still ended up with complications after the surgery.**
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: **Decreased self-care ability, Risk for impaired skin integrity, Impaired gas exchange**

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

My biggest takeaway from participating in the care of this patient was to always be prepared for the unexpected. Even though the patient's surgery was successful he ultimately ended up with complications from the surgery. The patient was also expecting to go home after his post-op recovery, but because of his decreased ability to care for himself and inability to walk more than 20 feet, he was sent a rehabilitation facility. This impacted my nursing care by forcing me to pay attention to the little details and changes that may be overlooked any other time.