

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) **What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?**
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Use call light & don't get up on their own
 - b. Use of non-skid socks
 - c. Maintaining the bed in lowest position, wheels locked, and 3 side rails up at all times.
- 2) **From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.**
 - a. Dale blew into the IS instead of taking a slow deep breath (inspiration). They should take a slow deep breath while having his mouth on the mouth piece, they will have a goal set & try to reach the goal when inspiring.
- 3) **Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?**
 - a. It should be an exact dose of morphine not a range, should have an exact timeframe of how often it can be given, & an exact pain score for med admin.
 - b. **Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer?** 2ml
- 4) **Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?**
 - a. Use of heel protectors, floating heels, proper positioning, keeping heels clean & dry
 - b. Skin breakdown, pressure injury
- 5) **Identify three ways that the nursing team demonstrated the promotion of patient safety?**
 - a. Using proper patient identifiers
 - b. Reminders of fall risk precautions such as using call light & not getting up without assistance
 - c. Frequent reminders of hip precautions & what they can and cant do on these precautions
- 6) **Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?**
 - a. If **yes**, describe: The team was very respectful towards Dale & their partner. The used the correct pronouns with Dale during their stay as well as being supportive Dale and their partner in the recovery.
 - b. If **no**, describe:

Reflection

- 1) **Go back to your Preconference Form:**
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) **Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?**
 - a. If **yes**, write it here: Acute pain & risk for falls
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) **Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?**
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: They did not assess Dale's knowledge of non-pharmacological pain management techniques. They also didn't assess their Morse fall score BID & need to use the bathroom or reposition.
 - ii. If **no**, describe:

- 4) **Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here?** Dale was developing atelectasis
 - a. **How did that impact the nursing care delivered?** The nurse had the nurses had to use interventions with Dale such as using the IS, cough & deep breathe, increasing fluid intake, & ambulating to help with the atelectasis & prevent further complications such as pneumonia.
 - b. **What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)**
 - i. Write it here: Impaired gas exchange, impaired physical mobility, Risk for impaired tissue integrity
- 5) **What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:** My biggest take-away understanding holistic care for clients who may use different pronouns than what I have experienced before. As well as learning to pivot such in the case of Dale developing atelectasis & having to then address and treat that. I have never had the opportunity to care for a client who uses they/them pronouns & was very glad I had this chance to care for someone in a simulate setting before I have had the chance to care for a real client. Learning to be able to change course is also very important because you never know what issues might arise with a client & you need to be able to adapt fast to help your client.