

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Acute pain Reasoning: Postop THA, incision on hip, decreased mobility, OOB with PT Goal: Pain will be <3 during time of care Goal: Will state 3 non-pharmacological pain management techniques during time of care	Assess current pain scale & characteristics Q2 & PRN (depending on pain s/s such as grimacing, guarding, restlessness)	Give prescribed pain medications, Oxycodone & morphine as ordered & reassess pain
	Assess vital signs (monitor for elevated HR & BP) Q2-4	Provide pain management techniques utilizing both non-pharmacological & pharmacological methods
	Assess knowledge of non-pharmacological pain management techniques Q4	Educate about the use of ice, distraction, rest, TENS unit. How to use them correctly & when to use them

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for falls Reasoning: Post-op THA, high fall risk, impaired mobility, use of walker Goal: Patient will have no fall during time of care Goal: Will verbalize understanding of fall risk precautions and demonstrate proper use of call bell	Assess morse fall risk scale every shift	Document findings, alert instructor & nurse, use appropriate precautions based on Beebe's fall risk protocol such as Q1 hr rounding, Place nonskid socks on the patient, have call bell & personal items within reach, lock all wheels, 3 side rails are up, bed in lowest position
	Assess understanding of call light & how to use it Q4	Educate on how & when to use the call bell, have patient demonstrate how to use it, remind them to call & wait before getting OOB
	Assess need to use the bathroom & repositioning Q2	Offer bedpan, help ambulate to bathroom, repositioning q2 & prn