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Clinical Instructor:

### ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?  
(Use your resources from class and clinical Fall Risk Score Interventions)
  - a. 60
  - b. High
  - c. Nonskids on, bed in lowest position, items within reach + call bell, dangling technique
- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
  - a. Dale did not use IS properly and should instructed to inhale versus exhale
- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
  - a. Non specific ranges for dose and hourly in addition to no level of severe pain. The med is also being ordered as a prn and routine/ scheduled.
  - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2ml
- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
  - a. Elevate heels with pillow / heel covers
  - b. Educate importance of repositioning.
  - c. The main concern is pressure wound developing causing the skin to break and open skin where infection can develop.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
  - a. Use of gait belt
  - b. Apply compression stocking to prevent clots
  - c. Educating proper body mechanics when getting OOB, weight on L leg, pushing off chair not walker.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
  - a. If **yes**, describe: The medical team used therapeutic communication by explaining each step of the preop and post care to Dale and Dale's partner. Offered space for questions in a judgement free manner. Included Dale's partner

in the care, even when Dale had a moment of frustration during the preop teaching the nurse was able to explain and redirect it. Throughout the care a calm tone was used even when unsure finding (crackles, lack of pulse) were found. The medical staff also communicating amongst each other kept everything quick and concise, made sure everyone was on the same page and if any help was needed offered.

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b. If **no**, describe:

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### Reflection

- 1) Go back to your Preconference Form:
  - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
  - a. If **yes**, write it here: \_\_\_Risk for falls\_\_\_\_\_
  - b. If **no**, write what you now understand the priority nursing problem to be:  
\_\_\_\_\_
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
  - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
  - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
    - i. If **yes**, describe:  
\_\_\_\_\_
    - ii. If **no**, describe: \_\_Some interventions I did not include were use of gait belt, emphasizing importance of assistance with OOB, and the proper body mechanics when getting OOB and using a walker. (weight on L leg, push off from chair,\_\_\_\_\_
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? \_\_Yes\_\_\_\_\_
  - a. How did that impact the nursing care delivered? \_\_\_\_\_The patient ended up developing crackles in the lungs and an increased risk for skin breakdown so having to focus on respiratory interventions was important in addition to

encouraging a high protein diet.

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b. What new, additional priority nursing problem (diagnosis) did you identify?  
(Refer to your NANDA list)

i. Write it here: \_\_\_\_\_Risk for impaired gas exchange

ii. Risk for impaired skin  
integrity\_\_\_\_\_

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

\_\_\_\_\_My biggest take away is how important it is to educate during the preoperative care. Not only did it simply explain what to expect but allowed more time to make corrections to improper practice to these interventions (IS, cough deep breathing). During this time period also gives the patient a sense of teamwork in their recovery and it was reflected by Dale and his partners willingness to adhere to the postop care instructions.

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