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Clinical Instructor:

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? 45 Is that score considered low, medium, or high risk? It is high risk
- 2) What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Wear non-skid socks/shoes when ambulating____
 - b. Use the call bell before moving/trying to ambulate_
 - c. Have uncluttered environments and keep needed item within reach if needed.
- 3) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
One exercise that Dale demonstrated incorrectly was deep breathing exercises. I would explain to Dale to slowly breath in from the nose instead of the mouth and to slowly exhale through pursed lips. To do these techniques with no rush.
- 4) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. Needed to include the MD and prn severe or breakthrough pain
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? _____2ml_____
- 5) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. _-Elevating the feet to prevent pressure wounds/assessing for inflammation/swelling_____
 - b. __soreness/bruising/pressure wounds _
- 6) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Nurse advises pt to use the call bell before trying to ambulate_____
 - b. _Lowering the bed at lowest level_____
 - c. _constantly assessing pt vital signs and seeing if there's any changes_____
- 7) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: _Yes, I did feel the nurse and medical team utilized therapeutic communication techniques when interacting the the pt and the pt partner. They were able to identify when pt felt discomfort and they explained information thoroughly to them too. The nurse would also include the pt partner and concerns and acknowledge them when their partner was also being part of the care for pt.

 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Risk for falls & acute pain
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: A lot of interventions were used in the scenario such as assessing pain level. Always checking vital signs for any changes. The nurse and pt also use gait belt for pt to stand up. I also say that the nurse lowered the height of the bed for pt safety.
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
 - a. How did that impact the nursing care delivered? It took a different direction when the nurse took the vital signs of the pt and heard abnormal lung sound. This changed to a priority and the nurse had to intervene with interventions. Also, when the pt temperature was low the nurse assisted with providing warm blankets to elevate temperature.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Impaired gas exchange

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

The biggest take away from taking care of this patient is the need of always assessing pt vital signs and how important it is post op. As we saw the pt temperature was low and the nurse had to intervene to raise the patient’s temperature. I also the importance of being able to see pt pain through the patient’s facial expressions and body and always asking about their pain level. This helps us know if the intervention we are doing are helping the patient with the pain or not. This impacts my nursing practice by always being alert and assessing pt routinely to see if there is any distress or abnormal changes