

## Nursing Problem Worksheet

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<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Pework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Pework) What will you do if your assessment is abnormal?
<p>Problem: Acute Pain Reasoning: Due to elevated HR, RR, facial grimacing, and increased pain. Goal: By the end of my time of care the pt will report pain level of 0. Goal: Pt HOB will be maintained at semi-fowlers position at the end of my care.</p>	Assess pain level using numeric scale 0-10 Q8hr	Demonstrate splinting the abdomen to help manage pain when sitting
	Assess HOB level upon entering pt room	Maintain bed in Semi-fowlers position to encourage oxygenation
	Asses for restlessness, anxiety, tachycardia Q8hr	Report findings and administer pain medication PRN
	Assess pt ROM Q8hr	Encourage pt to ambulate BID
	Obtain history about ongoing pain experience at beginning of shift	Encourage pt to self- report pain symptoms offer cooling packs and elevation devices

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<p>Problem: Impaired gas exchange Reasoning: Due to impaired skin integrity. Goal: By the end of my time of care the pts Spo2 will be 95-100% on RA.  Goal: Pt will present clear lung sounds by the end of my care.</p>	Assess RR Q4hr	Instruct usage of IS 10 timer per hr
	Monitor oximetry reading Q4hr	Administer 2L nasal canula when Spo2 is below 95% on RA
	Asses for presence/absence of cough Q4 PRN	Teach cough and deep breathing exercises if overcompensating using accessory muscles, or RR is above 20 BID
	Monitor for crackles and diminished sounds in the lungs Q4hr	Explain the importance of sitting rather than laying down to prevent atelectasis and other post procedural complications
	Assess pt for comfort (semi-fowlers) and sitting bedside upon entering pt room	Encourage pt to continue deep breathing during hospitalization and at home

