

## Nursing Problem Worksheet

Name:  Riley Taylor

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Acute Pain</p> <p>Reasoning: Total Hip Arthroplasty</p> <p>Goal: Client will report a pain score of 4 or less during my care.</p> <p>Goal: Client will have ice/cold therapy applied to surgical site q 2 hours to reduce pain and inflammation</p>	Assess Pain Score q 4 hours or PRN using a numeric scale (1-10)	Administer ordered pain medication according to the order from provider
	Assess pain site PRN (location, description of pain, constant or intermittent...)	Apply ice therapy q 2 hours to surgical site
	Palpate areas where pain is reported to help decide the area/dimensions that the pain extends to PRN	Provide rest periods PRN with dimmed lighting, calming music, imagery, relaxation, etc..
	Assess for any signs of infection q shift or PRN (erythema, pain, edema, drainage)	Complete neurovascular checks q 6 hours or PRN
	Assess active and passive range of motion of joints q 6hrs or PRN	Encourage early mobilization and range of motion exercises to prevent deep vein thrombosis at least q 4 hours

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired Physical Mobility</p> <p>Reasoning: Post-op Total</p>	Assess mobility level q shift or PRN	Assist with Activities of daily living and ambulation when needed.
	Assess energy level of client PRN or when preparing to transfer/ambulate	Apply EPC's to client and ensure that they stay on and intact at all times while in bed
	Assess orthostatic vital signs before getting up or ambulating	Have the client dangle at the bed side before getting up to prevent and/or decrease

hip arthroplasty		dizziness
Goal: Client will not fall during my care.	Assess clients' awareness and level of consciousness before getting out of bed or educating about mobility	Educate client to use the call bell when they need assistance and wait for the nurse to come before getting up as well as to keep the non-skid socks on at all times to prevent falls
Goal: Client will transfer to the chair during meals with assistance during my care	Assess Morse Fall score q shift or PRN	Perform range of motion exercises q 4 hours or PRN to prevent decreased muscle strength