

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? Is that score considered low, medium, or high risk?
What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. 60__
 - b. High risk
 - c. A fall band should be applied, nonskid socks should be applied, assistive devices should be used when ambulating as well as a gait belt. Education should be taught each time the nurse is in the room.

- 2) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. Dale did not demonstrate the incentive spirometer correctly. I would instruct the client to breath all their air out on exhalation and then inhale with the straw like tube on the incentive spirometer. The meter should rise as he breathes in. It would be like sucking a drink through a straw rather than blowing out.

- 3) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. The order doesn't have a direct specified dose to give and a direct time to give at. There is ranges but, the nurse should have clear and direct orders.
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 ml

- 4) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. The nurse could have raised the heels off of the bed with pillows, ensure repositioning is done q 2 hours, apply a barrier cream...
 - b. Concerns if no interventions are implemented would be a greater risk for skin breakdown and developing a pressure injury on the heel.

- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. The fall risk band was put on promptly.
 - b. Nonskid socks were applied, and call bell was educated before leaving the room each time.
 - c. The gait belt, rolling walker and assistance of 2 people was used each time the client got up to transfer or ambulate.

- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?

- a. If **yes**, describe: ___I feel the medical team and nurse did utilize therapeutic communication by ensuring they remained respectful of the client and families' views. The nurse addressed pronouns and what the client preferred to be called. Overall, the team was good at ensuring respect and communicating with both the client and the client's partner to create a safe space that they felt they could ask questions when needed.

- b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: I selected acute pain which is an accurate nursing problem for a post op patient. ____
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: ___I also included rest periods and ice therapy q 2 hours to help decrease pain. _____
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift.

Did that happen here? _The client's temperature was hypothermic after surgery. ___

- a. How did that impact the nursing care delivered? ___The nurse re-checked temperature and provided warm blankets to try and get the client's temperature up. This was a successful intervention that was needed quickly to prevent any further complications.

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- _____
- b. What new, additional priority nursing problem (diagnosis) did you identify?
(Refer to your NANDA list)
- i. Write it here: ___Risk for Falls because of being post op total hip
arthroplasty. _____

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: ___My biggest take away would be that it is important to teach each client as a person and not their diagnosis. Two clients may have the same diagnosis, but their care could be completely different. Each client may have different goals or even setbacks that need to be intervened on. It is important to focus on the client as a whole.
