

Nursing Problem Worksheet

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| Anticipated Patient Problem and Goals | Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies | Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal? |
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| Problem: Pain Reasoning: Side effects of THA surgery Pt will report pain level of < or qual to a 3 during my time of care Goal: Pt will perform ADL without pain during my time of care | Assess pt pain score Q2 hrs | Administer Morphine or Oxycodone |
| | Vitals signs (Increased HR, Temp) Q2 hrs | Provide education on relaxation techniques like distractions (Tv, reading) Q2 hrs |
| | Assess area around surgery site Q2 hours for proper healing characteristics | Alert healthcare professional PRN |
| | Assess pt comfort Q2 hrs (Positioning of hip) | Reposition client Q2 hours |
| | Assess mobility and function of hip Q2 hours | Educate on importance of prescribed limitations to leg movement and ROM Q2 hours |

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| Problem: Risk for falls Reasoning: Post op THA surgery Pt will not fall during my time of care Goal: Pt will properly use the call bell & wait for assistance during my care | Assess vitals Q4 hrs for BP (hypotension) and o2 sat | Assist with OOB activities PRN and educate on importance of dangling |
| | Assess proper use of fall precautions are in place (call bell, bed alarm) Q1 hr | Educate on importance of safety precautions like bed in lowest position, bed alarm, call bell, and non slip socks, include teach back Q1 hr |
| | Assess pt orientation Q4 hours | Maintain bed in lowest position Q1 hr |
| | Assess pt need to void Q1 hour | Place bedside commode next to bed for safer voiding PRN |
| | Assess gait for changes Q3 hours | Reenforce fall risk preventions Q3 hrs |