

Student Name:
Clinical Instructor:

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) **What was Dale's fall risk score? Is that score considered low, medium, or high risk? What interventions in Dale's care should you be implementing?**

(Use your resources from class and clinical Fall Risk Score Interventions)

- a. Dale Fall Risk Score was recorded to be 45
 - b. This is considered to be very high Risk Score.
 - c. Some useful interventions could be Applying a fall risk band, Encourage Dale to call for assistance when ambulating, Maintain the bed at the lowest position, Remain with him while he uses the bathroom, Ensure all personal items are within reach.
- 2) **From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.**
- a. One exercise Dale did incorrectly was the deep breathing and cough exercise. To perform this exercise correctly you should take 5 slow deep breaths breathing in through your nose. When taking each breath, you should hold the breath in for 3-5 seconds then slowly blowing the air out through the mouth. At the end you should cough deeply.
- 3) **Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?**

The order is not specific based and is very vague. They should narrow down the dosage range, set a fixed frequency and include a clear pain assessment.

- a. **Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? __2mL__**
- 4) **Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?**
- a. Assess Skin Q2H, use pillows to remove pressure off heel, and keeping skin clean and dry.
 - b. Development of pressure ulcers and increased pain/discomfort
- 5) **Identify three ways that the nursing team demonstrated the promotion of patient safety?**
- a. Verify Name & Date of Birth of the patient.
 - b. Performed Proper Hand Hygiene
 - c. Asking the patient to restate what was taught and verifying understanding
- 6) **Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?**
- a. If yes, describe:

Amani did a good job communicating to both the patient and their partner. She taught Dale very well and ensured what medications are safe to take prior to surgery. She also did a great job

teaching on how to properly clean and prep Dale skin for surgery. Merryll did a great job of easing Dale and their partner. She also did a good job explaining the future tasks that are going to take place.

Reflection

1) Go back to your Preconference Form:

- a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.

2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?

If **no**, write what you now understand the priority nursing problem to be:

Acute Pain, Yes Dale chronic condition does cause consistent pain, but Dale underwent surgery so we should focus on the acute pain he's experiencing healing from surgery.

3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?

- a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
- b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe:

Merryll assessed Dale's surgical site for any signs of inflammation. She also assessed Dale's pain routinely and provided Morphine when his pain became severe.

4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes; Dale had some abdominal breath sounds. (Crackles)

a. How did that impact the nursing care delivered?

We shifted our focus away from the operated knee to the lungs. The nurses did the following things to prevent further compromise/complications:

- A. Raised the HOB
- B. Encouraged Ambulation
- C. Promoted Fluid Intake
- D. Encouraged cough and deep breathing exercises
- E. Assist using the IS

b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)

- i. Write it here: Impaired Gas Exchange

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

My biggest takeaway is to always perform a proper head-to-toe assessment. In today's case, our focus was primarily on the musculoskeletal system, but we found crackles in the patient's lungs during the respiratory assessment. This finding shows why it's important to do full head to toes. Even when we're looking at one problem, we might find other issues we weren't expecting.