

## Nursing Problem Worksheet

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<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> acute pain  <b>Reasoning:</b> joint swelling, decreased ROM, crepitus, bone spurs  <b>Goal:</b> pt will report pain score of 2/10 or less by the end of my care  <b>Goal:</b> patient will be able to complete ROM exercises 3 times during the time of my care	*assess pain on a numeric scale of 1-10	*provide analgesics/narcotic medication as prescribed
	*assess ROM exercises with PT and patient	*encourage pt to perform ROM exercises and provide pain medication PRN/ as prescribed
	assess pain quality and location	*provide ice/heat therapy for pain and ensure no pain, pallor, pulses, paraesthesia, paralysis, or poikilothermia

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
<b>Problem:</b> risk for falls  <b>Reasoning:</b> pain, joint swelling, limited ROM, decreased strength  <b>Goal:</b> pt will not fall during my time of care  <b>Goal:</b> pt will understand fall safety by the end of my care	assess knowledge of call bell	make sure call bell is in reach and have pt teach back use
	*assess patients awareness of restrictions, A&O x4, and morse fall scale during assessment	*educate patient on safety of using call bell, getting up with assistance, and explain their morse fall score
	assess room q2hr	*clear walkways, all personal items in reach and call bell in reach