

ATI Real Life THA Virtual Clinical Reflection Questions

- 1) What was Dale's fall risk score? 45
- 2) Is that score considered low, medium, or high risk? High risk.
- 3) What interventions in Dale's care should you be implementing?
(Use your resources from class and clinical Fall Risk Score Interventions)
 - a. Fall risk band.
 - b. Non-skid socks applied.
 - c. Wearing of glasses because Dale needs his glasses to see.
- 4) From the pre-op exercises teaching scenario, pick one that Dale demonstrated incorrectly and explain how you would teach the correct technique.
 - a. Dale demonstrated the usage of an IS but he demonstrated it incorrectly. Dale exhaled into the IS machine which is the incorrect way. How I would teach the correct way to use an IS is by instructing Dale to think about sucking on a thick milkshake and to inhale, not exhale into the IS.
- 5) Dale receives morphine sulfate for his hip pain. The morphine order is for 2-4mg IV Q 3-4 hours for severe or breakthrough pain. What is wrong with this order?
 - a. There is no pain score prior to administering the morphine.
 - b. Morphine is dispensed in 2mg/ml concentration. If Merryll gave 4 mg, how many ml's of morphine did she administer? 2 ml's
- 6) Dale is assessed for skin integrity on his heel. What are some interventions the nurse could implement to protect his skin? What are the concerns if no interventions are implemented?
 - a. Elevate the affected foot on a pillow and turn the affected foot Q 2 hrs.
 - b. The concerns are that it could eventually become a pressure ulcer which would be more painful for Dale. and could eventually lead to an infection if not taken care of properly.
- 7) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Patient identification (Name and DOB).
 - b. Fall risk precautions and education to Dale on why he is such a fall risk.
 - c. When assessing Dales's lung sounds the nurse heard crackles, so she elevated the HOB to improve proper gas exchange and educated on deep breathing excersises.
- 8) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: The nurse and medical team all utilized therapeutic communication very well. They educated on the reasoning why Dale is a very high fall risk, especially after surgery and all the precautions needed. The nurse also explained in great detail regarding everything to expect before and after surgery, as well as everything that needed to be done at home the night before surgery and the morning of. Lastly she ensured that after surgery they will be checking his VS quite often, but it is nothing to be alarmed about and is very normal.

b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Acute to chronic pain.
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: Assessing pain score after being assisted from bed to chair, assessing ROM exercises Q 2hrs, assessing for any dizziness prior to getting OOB.
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? No.
 - a. How did that impact the nursing care delivered? All of my expected outcomes for nursing care was played out during my time of care with Dale.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Risk for impaired skin integrity.

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: The biggest takeaway from participating in the care of this patient was that everyone reacts and feels pain differently. I was expecting Dale to have an 8-9/10 pain score without any pain meds. As well as every single fall precaution that comes into play and how we do them without even noticing, something as simple as ensuring the patient has non-skid socks on can make a huge difference in their safety. This impacted my nursing care in a good way and really showed how much we do without noticing and how much of an impact we have on our patients.