

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Acute to chronic pain.</p> <p>Reasoning: Arthritic joint changes, hip replacement surgery, 7/10 pain without pain meds.</p> <p>Goal: Pt. will have a pain score of 3-4/10 after pain med administration during my time of care.</p> <p>Goal: Pt. will meet pain goal that was established prior to hip replacement surgery, during my time of care.</p>	Assess pain score Q 3-4 hrs.	Administer 4 mg of Morphine Q 3-4 hrs, PRN.
	Assess circulation in lower extremities Q 4 hrs.	Ensure compression stockings are on and applied correctly immediately after.
	Assess ROM exercises Q 2 hrs.	Encourage adequate ROM exercises to help with pain and faster healing time of joint PRN.
	Assess ambulation to chair PRN.	Assist from bed to chair, ensuring the use of a gait belt and a proper assistive device PRN.
	Assess pain score before and after being assisted from bed to chair.	Encourage adequate rest periods in a quiet environment PRN.

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Goals		
<p>Problem: Risk for falls</p> <p>Reasoning: Morse fall score of 45, needs eyeglasses for adequate vision, taking both morphine and oxycodone that has a side effect of drowsiness and dizziness.</p> <p>Goal: Pt. will not fall during my time of care.</p> <p>Goal: Pt. will utilize call bell when in need of assistance during my time of care.</p>	<p>Ensure bed is in the lowest position PRN.</p>	<p>Place bed in the lowest position PRN.</p>
	<p>Assess for any dizziness prior to assisting OOB.</p>	<p>Educate on the purpose of dangling on the side of the bed prior to getting up.</p>
	<p>Ensure non-skid socks are on feet PRN.</p>	<p>Place non-skid socks on PRN.</p>
	<p>Assess bed alarm or chair alarm is on at the beginning of my care, PRN.</p>	<p>Maintain and turn on bed or chair alarm.</p>
	<p>Ensure glasses are being worn at all times, especially when assisting OOB.</p>	<p>Educate PRN on importance of needing to wear glasses to ensure no falls happen.</p>