

Class Preparation (Newborn Hepatic):

A mother just delivered a healthy, full-term infant. The mother is concerned because her first child required phototherapy for jaundice. As the nurse,

what education would you provide for the mother about jaundice?

This can be temporary as a newborn is producing RBC the liver is still maturing and may not break down the bilirubin fast enough, causing the jaundice appearance. Some added risk factors would be premature babies, birth traumas that cause bruising or

What instructions are important to explain if the infant requires phototherapy?

-The baby will wear special eye coverings during treatment to protect from the light.
Breastfeeding frequently (every 2-3 hours) helps the baby's body clear bilirubin.

Are there ways to prevent the infant from developing jaundice?

Regular feeding every 2-3 hours helps the baby pass stool frequently, which removes bilirubin from the body and provides energy to breakdown bilirubin.