

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies.	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Pain</p> <p>Reasoning: in r/t to arthritic joint changes, and THA</p> <p>Goal: pt perception of pain will decrease and rate pain a 3-5 on a numeric scale by the end of my care.</p> <p>Goal: Pt will demonstrate the ability to perform ADL's with minimal discomfort by the end of my care.</p>	Assess pt pain using numeric pain scale or baker faces pain rating scale and VS q2h	Administer analgesic NSAIDs oxycodone as prescribed PRN
	Reassess effectiveness of oxycodone 1hr after administering.	Contact provider for possible higher dose if appropriate, or administer prescribed Morphine IV
	Assess pain and discomfort q2hr	Use nonpharmacological method to pain management. Such as heat or cold compress.
	Assess peak of NSAIDs	Promote performance of ADLs, for example mouth care

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies.	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: impaired mobility</p> <p>Reasoning: in r/t musculoskeletal impairment, osteoarthritis, and recent</p>	Assess pt strength of extremities and activity tolerance BID	Encourage ROM and exercise to improve muscle strength and joint flexibility BID
	Assess pain and discomfort after ROM BID	Apply cold or hot compressed if prescribed
	Assess for swelling of extremities PRN	Apply EPCs or SCDs as ordered
	Assess teaching from PT of the use of assistive devices	Assist with use of assistive devices such as walker to promote OOB mobility.

THA

Goal: Pt will demonstrate use of assistive device by the end of my care.

Goal: Pt will perform ROM & PROM of all extremities by the end of my care

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