

Nursing Problem Worksheet

Name: Chandler Moore

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired Gas Exchange Reasoning: COPD, Pulmonary Obstruction, Dyspnea, Tachypnea, Oxygen Therapy Goal: Before the end of my shift, will be able to perform ADLs without oxygen therapy Goal: Within 1 hours of use of Incentive Spirometer, will have a O2 saturation >88	Monitor VS Q4H, assess for possible Tachypnea, Tachycardia, and Hypoxemia	Encourage client to cough and deep breathe, and utilize IS 10 times/hr, re-asses vital signs following
	Assess client's knowledge of the importance of the using the IS	Educate on the importance of using the IS 10 times/hr, have client demonstrate understanding by using teach-back
	Monitor pulmonary status during performance of ADL's Q4H	Encourage and educate client on the importance of taking frequent breaks during ADLs, as well as taking it slow and not rushing

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Dyspnea Reasoning: COPD, Pulmonary Obstruction,	Auscultate lung sound Q4H, be alert for wheezing and crackles	Administer Bronchiodialtors as prescribed, encourage cough and deep breathing
	Assess pain level on numeric scale Q4H, be alert for facial grimacing, concerning nonverbal communication	Administer Acetaminophen as prescribed, educate client on importance of telling a nurse when they are in pain, have them demonstrate the importance using teach back

Ineffective Inspiration and Expiration	Monitor VS Q4H, be alert for Tachypnea, Tachycardia, Hypoxemia	Administer Oxygen Therapy as prescribed, encourage use of Incentive Spirometer and cough and deep breathing
Goal: Within 2 hours of administration of Bronchodilators, RR will be <24		
Goal: Within 1 hour of administration of Acetaminophen pain level will decrease by 3 on the numeric scale		