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ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Allyson (RN)
 - b. Dan (Respiratory Therapist)
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. Yes Mr. Gomez had multiple abnormal lab work values. Arterial Blood Gases pH 7.30 PaCO₂ 54 and Bicarbonate 19 indicating respiratory acidosis the body retaining carbon dioxide. Which indicates COPD, pneumonia, respiratory underventilation.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. Additional chest x-ray revealed extensive left side pleural effusion which led to a thoracentesis
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. Ceftriaxone allergic reaction, educated on allergy of ampicillin and how it may relate to similar antibiotics like Ceftriaxone
 - b. Encouraged to continue using incentive spirometer
 - c. Watched a video regarding metered dose inhaler to education both Mr. Gomez and his daughter along with providing physical handouts.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Hand hygiene
 - b. Confirming six medication rights before administering
 - c. Confirming patient name and date of birth before performing care and administering medications
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe:
The healthcare team utilized therapeutic communication techniques throughout the whole situation. The healthcare team keep Mr. Gomez and his daughter very informed with all their care. Provided education and time for questions regarding Mr. Gomez's treatments and care provided.

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired Gas Exchange

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
- a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **no**, describe:
For my priority problem, Impaired Gas Exchange almost all my interventions were initiated in the care of Mr. Gomez. However, my second problem, Inadequate Nutritional Intake (weight loss) only one intervention was performed. I believe not many other ones were performed due to Impaired Gas Exchange being a priority and meals were not included in the video.
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
- a. How did that impact the nursing care delivered?
Receiving report from the emergency department about Mr. Gomez we anticipated impaired gas exchange due to the diminished lung sounds in the bases, crackles upon inspiration and occasional rhonchi and oxygen saturation 91% on 5L NC. However, Mr. Gomez was administered Ceftriaxone, an antibiotic and had an allergic reaction, a rash and itching. Followed by an open wound which caused bleeding.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Impaired Skin Integrity and Acute Protein Deficiency

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

Subjective data guided nursing care and how nurses will plan their care. Allowing Mr. Gomez to explain his pain was effective to figure out why he was having pain in his chest. Knowing chest pain can be very detrimental and can lead to many different problems. Also allowing for Mr. Gomez and his daughter to be included in the care was beneficial for catching Mr. Gomez’s allergic reaction to the antibiotic.