

## Nursing Problem Worksheet

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<b>Anticipated Patient Problem and Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange  Reasoning: Obstruction of the airway, hypoxemia, hypercapnia, dyspnea, altered ABGs, restlessness  Goal: Pulse ox remains within patients baseline without supplemental oxygen during my time of care  Goal: Breath sounds are normal, no adventitious breath sounds during my time of care	Monitor pulse ox Q4H PRN	Apply supplemental oxygen PRN
	Assess ability to use incentive spirometer Q8H PRN	Encourage use of incentive spirometer 10 times per hour Q6H PRN
	Auscultate breath sounds Q4H PRN	Encourage cough and deep breathing, apply supplemental oxygen, raise HOB Q2H PRN
	Assess for peripheral or central cyanosis Q4H PRN	Apply supplemental oxygen, raise HOB, respiratory therapy once daily, monitor ABGs Q4H PRN
	Assess respiratory rate, depth and pattern Q4H PRN	Apply supplemental oxygen, raise HOB, encourage period of rest Q2H PRN

<b>Anticipated Patient Problem and Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
Problem: Inadequate nutritional intake (weight loss)  Reasoning: Decreased energy, fatigue, reduced appetite, dyspnea,  Goal: Intake of food > 50% for three meals and fluid 30 mL/hr during my time of care  Goal: Weight does not change significantly during my time of care	Assess food and fluid intake Q4H PRN	Monitor and encourage food and fluid intake two to three times daily PRN
	Assess the impact of dyspnea during meals Q6H PRN	Encourage slow intake, period of rests during meals, small but more frequent meals, protein supplements Q6H PRN
	Assess any changes in nutritional status, taste or smell, frequency of meals Q6H PRN	Consult dietitian, provide education on the importance of nutrition and maintaining a healthy weight, encourage intake of favorite food Q6H PRN
	Monitor weight changes and changes in BMI	Consult dietitian, encourage high nutrients food, explain the importance of avoiding sudden changes in weight Q8H PRN
	Assess mucous membranes, skin turgor, and heart rate for dehydration Q4H PRN	Encourage fluid intake and or administer IV fluids if needed Q4H PRN

