

Nursing Problem Worksheet

Name:

<b>Anticipated Patient Problem</b>  <b>and</b>  <b>Goals</b>	<b>Relevant Assessments</b>  (Prewrite) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Prewrite) What will you do if your assessment is abnormal?
Problem: <b>Dyspnea</b>  Reasoning: ineffective inspiration and expiration occurring with chronic airflow limitations  Goal: pt will achieve vesicular or improved lung sounds by end of my care. Goal: O2 sat will remain between 88-92% or higher during my time of care	Auscultate breath sounds q 2-4hrs	Educate and demonstrate correct use and need of incentive spirometer every hour
	Assess pt positioning in bed q 2hrs	Position pt in semi fowlers or tripod to aid in breathing
	Assess O2 sat q 2 hrs	Use oxygen therapy if O2 sat drops below 92%

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Problem: <b>Acute pain</b>  Reasoning: excessive coughing and use of chest muscles  Goal: pt behavior signs of pain such as grimacing & guarding will reduce Goal: during my time of care pt subjective pain has reduced or acceptable/ tolerable around a rate of 3 during my shift	assess pain on numerical scale q 1-2hrs	educate and instruct pt to cough while splinting with pillow during coughing spells
	assess vital signs q 2-4hrs	administer analgesics to aid in reducing pain based off order
	assess behavioral response and body language q 1-2hrs	provide support and any belongings or necessities in reach