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Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

1) Identify two members of the healthcare team collaborating in the care of this patient:
    a. **Nurses (Allyson, Jackson)**
    b. **Respiratory Therapist**

2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
    a. **ABG values: pH 7.30, PaCO2 54, HCO3 19, these are concerning because the patient has COPD, these labs are showing respiratory acidosis with a partially compensated metabolic component, also the ABG values indicate that the patient's COPD is affecting their ability to expel CO_2, putting them at risk for serious complications.**

3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
    a. **On 8/01 the X-Ray showed hyperinflation of B/L lung field and flattened diaphragm which could indicate atelectasis in BL bases. Abnormal area of density was present in the left lung base which could indicate pneumonia. On 8/02 there was extensive left-sided pleural effusion notes in the lower lung field.**

4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
    a. **Continuing to use the IS, to help with the patients breathing/ expansion of the chest.**
    b. **The nurse explained why there was a reaction to the IV antibiotic that was prescribed and included this new finding in the patients record. This was an important step because now the future care of this patient will know the new allergy.**
    c. **The nurse discussed the patients' dietary habits with his daughter present, and offered ways that he could make healthier choices. This was an important topic because the patients' labs (prealbumin level).**

5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
    a. **By using two patient identifiers (name,DOB) before any treatment and interactions**
    b. **Proper hand hygiene**
    c. **Immediately discontinuing the IV antibiotic when the patient was experiencing an allergic reaction.**

6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
    a. If **yes**, describe: **The medical team utilized therapeutic communication techniques when interacting by actively listening to not only the patients concerns and questions but also to his daughters. The medical team made sure to include his daughter in the conversation and listen to her when she was expressing concerns about her father. The medical team also implanted the use of silence and body language when having these interactions.**
    b. If **no**, describe:

    _____

    _____

    _____

Reflection

1) Go back to your Preconference Form:
    a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.
2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
    a. If **yes,** write it here: **Impaired Gas Exchange**
    b. If **no,** write what you now understand the priority nursing problem to be:

    _____

3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
    a. Indicate **(circle, star, highlight)** the ones you saw utilized during the scenario.
    b. Were there interventions you included that *were not* used in the scenario that could help this patient?
        i. If **yes**, describe: **Educate the pt. and demonstrate breathing techniques, splinting, pursed lip breathing.**
        ii. If **no**, describe:

        _____

        _____

4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Administering the prescribed antibiotic, Ceftriaxone for this pneumonia.**
    a. How did that impact the nursing care delivered? **After the antibiotic was administered into his IV the patient started to have an allergic reaction (itching), the nurse then stopped the IV and notified the provider about this new allergy and asses the patients vitals. The patient was also showing diminished breath sounds and was complaining of chest pain. The nurse then alerted the RT to send a request for another X-ray. After review of the scan they found a pleural effusion that needed a thoracentesis.**

b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
    i. Write it here: **Difficulty Coping**

What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice:

One of my biggest takeaways from caring for this COPD patient is the importance of closely monitoring respiratory status and recognizing early signs of respiratory distress. Managing COPD isn't just about treating symptoms—it requires proactive assessment, especially with lab values like ABGs that can reveal underlying respiratory compromise before physical symptoms worsen. Also from this experience it shows that things can change suddenly and the need to be ready to intervene is essential, for example when the patient started to have an allergic reaction to the antibiotic, if the nurse didn't quickly intervene the situation could have been worse.