

Nursing Problem Worksheet

Name: Madison Barber

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Impaired Gas Exchange</p> <p>Reasoning: Less than 95% O2 saturations on RA, RR rate out of the range of 12-20, accessory muscles being used to breathe</p> <p>Goal: O2 saturations will remain above 92% during my time of care</p> <p>Goal: Will demonstrate deep breathing exercises by the end of my care</p>	Assess O2 saturations q2 hours or PRN	Apply 2 liters of oxygen via nasal cannula
	Auscultate breath sounds q4 hours	Teach about deep breathing exercises such as pursued lip breathing
	Assess RR q2 hours or PRN	Raise HOB to above 45 degrees to assist in breathing and gas exchange

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Chronic Pain</p>	Assess pain score on a scale from 1-10	Administer pain medications as ordered
	Assess the position the patient is in	Help to a more comfortable position, such as raising HOB and placing pillows as needed

Reasoning: pain scale greater than 5, guarding chest area, high blood pressure (greater than 120/80) Goal: Pain score will remain above a 5 throughout my time of care Goal: Blood pressure will remain within normal limits during my time of care	Assess blood pressure q2 hours or PRN	Teach deep breathing exercises