Nursing Problem Worksheet

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Anticipated Patient Problem **and** **Goals**	**Relevant Assessments** (Prework) What assessments pertain to your patient's problem? Include frequencies	**Multidisciplinary Team Intervention** (Prework) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange Reasoning: O2 saturation 91% on NC Wheezing breath sounds. Goal: My pt. will maintain O2 > 92% on NC during my time of care. Goal: My pt. will perform deep breathing exercises Q hr. to improve gas exchange during my time of care.	Assess pulse oximetry Q 2 hrs and PRN.	Encourage to inhale through their nose and out through their mouth Q hr.
	Auscultate breath sounds Q 2-4 hrs.	Elevate HOB and maintain at least 30 degrees.
	Assess HOB positioning Q 1-2 hrs.	Educate on importance of maintaining HOB.
	Assess IS usage Q hr.	Educate on the usage of IS and how it will help improve gas exchange PRN.
	Assess S/S of hypoxia Q 2 hrs and PRN.	Report significant findings to provider right away and place O2 NC on right away.

Anticipated Patient Problem **and** **Goals**	**Relevant Assessments** (Prework) What assessments pertain to your patient's problem? Include frequencies	**Multidisciplinary Team Intervention** (Prework) What will you do if your assessment is abnormal?
Problem: Fatigue with decrease exercise tolerance. Reasoning: Decreased level of activity. O2 saturation 91% on NC. Goal: My pt. will maintain O2 saturation <92% on NC while performing exercises. Goal: My pt. will maintain fall risk prevention precautions while performing any type of exercise during my time of care.	Assess respiratory response to exercise or activity PRN.	Educate on importance of taking slow deep breaths during exercise.
	Assess ROM exercises Q 2-4 hrs.	Encourage uninterrupted rest time PRN.
	Assess O2 saturation during exercise or activity.	Stop exercise and encourage rest period.
	Assess morse fall scale upon arrival to shift.	Apply nonskid socks and educate on fall risk due to increased fatigue PRN.
	Assess fall risk precautions are in place Q 2 hrs and PRN.	Fix and apply fall risk precautions PRN.