

Student Name:
Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Allyson RN
 - b. Dr. Simpson Provider
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.

There were multiple abnormal values but a priority finding is his ABG pH level of 7.30 and a PaCO₂ level of 54, this is concerning because it could indicate acidosis and signs of hypercapnia.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. _The patient had a radiology report that showed hyperinflation of bilateral lung fields and a flattened diaphragm. It also said the scan had characteristics of atelectasis in bilateral bases, and abnormal density present in left lung base suspicious of pneumonia. This could indicate that the COPD is getting worse and with the flattened diaphragm and atelectasis it could make the patient have further respiratory distress, and worsen breathing.
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. The nurse Allyson, taught the patient about the medication she was about to administer, this is important so that patients know what to expect and why they are getting this medication.
 - b. The nurse Allyson educated the patient on the drug drug interaction and what happens in that case so he can be aware for future instances.
 - c. Nurse Allyson provided a video, and handouts for the new inhaler the patient will start this is important so the patient has knowledge on how to use his medication properly.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Nurse Allyson every time she performed a procedure asked the patient's name and DOB and looked at his wristband to ensure patient safety.
 - b. When the patient had itching from the IV site, Nurse Allyson stopped the medication administration immediately.
 - c. The healthcare worker who gave the albuterol treatment notified the other nurse of his concern for the patients diminished breath sounds, chest pain, and SOB who then called the physician about the findings and a idea for a chest x ray.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: Nurse Allyson preformed good therapeutic communication techniques when she described every procedure, and medicine to the patient. She also showed therapeutic communication by actively listening to the concerns of the patients daughter and responding immediately.

- b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired Gas exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: I put as one of my assessments to assess the pt tolerance to getting up and OOB and if abnormal I said to encourage activity with rest periods, to increase the work of breathing and secretions. I also said I would assess cough and the characteristics.
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes it did.
 - a. How did that impact the nursing care delivered? Since the patient had an allergic reaction to the medicine administered it altered the care to take care of a possible anaphylactic reaction. The patient also got worse with his care and had to have further treatment like a thoracentesis.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Impaired Nutritional Status

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: My biggest take away from the care of this patient is to always double check the allergies of the patient before administering, the nurse ignored the patients comment about him having an allergy and ended up having an allergic reaction so that is a priority.