

Student Name:
Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Cindy (RN of emergency department)
 - b. Dan The respiratory therapist
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. The patients hemoglobin was low at 9.3 g/dL. This lab is concerning due to the fact that he has COPD, and hemoglobin is what transfers oxygenated blood to his body.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. The chest x-ray showed pulmonary embolism showing extra fluid in bases of the lungs. This can be a sign of an infection such as pneumonia or a pleural friction rub
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. Education of the medication given is important so the patient knows what is being given and how it can react
 - b. Diet can help him recover faster and his low protein shows that he had an unsatisfactory diet to begin with.
 - c. Education of why the medication given gave him a reaction so the patient knows to express that he has reactions to medications that are in the same realm of his allergy to ampicillin
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. They discussed the medication with the patient and the reactions that could occur
 - b. The team encouraged the patients daughter to express her concern for her father in order for them to have a better understanding of his home life and possibly gather further teaching points
 - c. The nurse asked for assistance when looking at the drainage tube because he was unfamiliar with what he was looking for.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: I believe the team interacted well with each other by given detailed information about the care they provided and what they ask recommended. They listened to the daughter express her concerns while listening intently letter her know that they do care about what she was saying.
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient. **Nutrition care, bronchodilators, difficulty coping**
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: impair gas exchange and risk for falls
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario. **Asses O2 sat, assess RR, auscultate lung sounds**
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: I believe that since the patient had a fall which was one of the reasons for admission, they're should have been some education on how to use call bell and risk for falls
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? yes
 - a. How did that impact the nursing care delivered? The patient had a reaction to medication that worsened his condition and eventually lead to him coding. There was also a need for a drain insertion for his pleural effusion.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: difficulty coping

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: my biggest takeaway from this patient is to make sure you identify what is truly a priority with the patient. By making sure you communicate with the patient and their family you can learn a lot about how their home life will be, which can cause a pivot in their care. Because this patient lives alone, we could recommend case management to help with any needs at home.